



The Catholic Community of Arundel & Storrington



22nd Sunday in Ordinary Time, Year A
30th August 2026

Contact us	Priest: Fr Stephen Dingley Deacons: Rev Roger Stone roger.stone@abdiocese.org.uk; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk www.arundelcathedral.uk and Our Lady Of England Safeguarding Rep (Storrington): David Rowland - sg1.storrington@abdiocese.org.uk Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 sg1.arundel@abdiocese.org.uk Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk		
Our Churches	The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ		
Live Stream	Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel		
Catholic Schools	St Philip's Catholic Primary School 01903 882115 St Philip Howard Catholic School 01243 552055	office@st-philips.w-sussex.sch.uk office@sphcs.co.uk	London Road, Arundel, West Sussex BN18 9BA Headteacher: Mrs Thérèse Pullan Elm Grove South, Barnham, West Sussex PO22 0EN Headteacher: Mr Tim Hulse

No-one said it would be easy

We are mistaken if we think that taking up our cross and following Jesus is easy. There are bound to be times when doing so is a pleasure and we give thanks to God for his grace. But there will also be times when it is a heavy burden: when trying to live a good Christian life makes us feel out of step with the world around us. It is difficult to stand up and be counted, especially when we see people laughing at us or dismissing the faith we have in the Lord as something that people used to believe in but not any more. The more that happens, the more we might be tempted to remain silent and keep the practice of our faith to ourselves. That should make life a lot easier for us.

But does that work? Not really. Because deep within us we know that telling the truth about the Lord, even if it is going to upset or irritate other people, is something we have to do. Being baptised means that part of our Christian vocation requires us to be prophet, as well as priest and king. And being a prophet means listening to what the Lord is calling us to do and doing it in all honesty and humility. Speak out when necessary, serve others when the need arises. Better to co-operate with the Lord's plan for our role in the world than be an obstacle to what must be done for the kingdom. No need to ram it down people's throats, just offer to everyone in the way we live.

*God bless,
Deacon Roger*

THIS WEEK

No changes to Masses this coming week.

Please pray for Irena Ray Crosby (Arundel) who died recently and remember her friends and family in prayer. Her Requiem will take place in the Cathedral on Friday 25th September at 12 noon.

Festival Organ Recital Monday 31st August at 1.00pm in the Cathedral. Come and hear D'Arcy Trinkwon play. Free entry, retiring collection.

The Tuesday Drop In Next meeting THIS WEEK Tuesday 1 September at the Cathedral Centre 2 to 4pm.

Storrington Mothers Prayers this Thursday 3rd September 2.00pm in the Blessed Sacrament Chapel of Our Lady of England church. All are welcome. Meeting take place on 1st Thursday of each month. All Mothers and Grandmothers most welcome to come and pray for our children and all children around the world.

Men's Breakfast Gatherings—Arundel Cathedral Centre Our next breakfast is Saturday 5 September starting at 8.30am. Suggested donation of £5.00. Future dates for your diaries: 3rd October, 7th November, 5th December. If you would like to be involved in the preparation of the food and drink, contact Deacon Roger Stone: roger.stone@abdiocese.org.uk See the posters for more details.

Storrington Inter-Church Prayers Monthly meetings on first Tuesday of the month 9.15am – 9.45am Storrington Priory Library.

COMING SOON

Storrington Sunday Lunch Club Every 2nd Sunday of the month – next lunch 13th September at the Old School, School Lane, Storrington. Tickets are available in advance at The Village Hub or Louisa Austin shop in Church Street for £4. Help is always needed with cooking, serving, washing-up. If you feel you could offer some time, please contact the parish office.

Arundel Mothers Prayer Group meets every Tuesday at 11am in the Cashman Room at the Cathedral Centre. All are welcome.

Fundraising Walk Adam Vernon successfully completed his first fundraising walk on the 1st of August, taking 12 hours and 50 minutes to do the 31 miles. He is now preparing for his 100km (62 miles) on the 5th and 6th of September. He is raising money for The Brain Tumour Charity, as he and Betsy have two friends with brain tumours, one of whom is an Arundel Cathedral parishioner. If you would like to support his fundraising please go to his Just Giving page to donate. - Thank you. [Adam Vernon is fundraising for The Brain Tumour Charity](#)

Are you interested in becoming a Catholic, or just exploring what this entails? If so, please speak to Fr Stephen, Deacon Roger, or e-mail the parish office. The next "Explorers Group" meeting is on **Tuesday 15 September** in the Cathedral Centre at 7.30pm. We will be offering refreshments and conversation about our search for God in our lives in a friendly, open atmosphere, with no pressure, and all opinions and ideas welcome. No commitment is required to begin this - only a desire to discover a little more about Jesus and the Catholic faith. All welcome. Do come along, and why not invite a friend?

DIOCESAN

Bishop-elect Stephen Please keep Fr Stephen Wang in your prayers as he prepares for his move to our diocese.

Mental Health Awareness training – Saturday 17 October 10-3pm at The St Philip Howard Centre, Crawley – cost £40 Thanks to the support of Mental Health England, we are able to offer this training, to explore the realities, symptoms and impact of living with these many debilitating conditions. The training is being highly subsidised, and tickets are just £40 per delegate (usual price £120). If you have any questions about this training do not hesitate to contact Deacon Simon South, Marriage and Family Life Adviser at E: simon.south@abdiocese.org.uk. To book go to [Events | Our Diocese](#)

Mass for Altar Servers at Arundel Cathedral, Saturday 12 September at 12 noon Fr Aaron Spinelli, Diocesan Director for the Guild of St Stephen, invites all diocesan altar servers to a special Mass at Arundel Cathedral. The occasion will offer an opportunity to celebrate and thank servers for their service to our parish communities. The Mass for Altar Servers is for all those who have served, all those who are serving, and anybody who would like to serve - all are very welcome to attend. Please bring a cassock/cotta or an alb, if possible. Holy Mass will be followed by light refreshments. Please bring a packed lunch. Please contact Fr Aaron to confirm attendance and numbers E: aaron.spinelli@abdiocese.org.uk

GENERAL

Assisted Dying A Private Members' Bill has been reintroduced to parliament seeking to legalise assisted suicide - the Terminally Ill Adults (End of Life) Bill. There will be a crucial vote on Friday, 11 September. **Please take a card** from the back of the church/porch to send to your MP to make your voice heard to oppose this Bill. See more at [Oppose Assisted Suicide - Catholic Bishops' Conference](#) and on the poster at the back of the Cathedral/porch in Storrington.

Please pray for the defeat of the Bill to legalise assisted suicide on 11 September. The Litany of the Saints and Martyrs of England will be prayed at the Shrine of St Philip Howard on **Fridays 4 and 11 September 10.30 to 10.45.**

'Pilgrimages to the Holy Land and Beyond' a talk by Fr Con Foley, Wed 9 Sept 7.30pm (follows 7pm Mass), St Richard's Church, Chichester, lower parish room. The illustrated talk will be followed by Q & A. All welcome.

Arundel Pilgrimage Walk - Saturday 26th September 10am to 4pm in honour of Our Lady and St Philip Howard, starting and finishing at the Cathedral, and stopping at the remains of the ancient religious foundations of Arundel for short prayers. For full details see [Arundel Cathedral Friends – The Friends Of Arundel Cathedral](#) To book please phone Lindsey Stratford on 01903 884567 or email: admin@arundelcathedralfriends.uk

Year of St Francis This year has been proclaimed by Pope Leo as a Special Jubilee Year of St Francis, who died 800 years ago on October 3rd. To celebrate this year The Church of Our Lady and St Francis, Midhurst has invited Fr Michael O'Grady OFM to speak to us about the message of St Francis for the world of today, on Saturday September 19th. Mass at 10.30am in the Church (Bepton Road, Midhurst GU29 9HD) will be followed by coffee and the talk in the adjacent hall. All welcome.

Pilgrimage Walk in the Steps of St Wilfrid: Saturday 19 September 11am to 4pm All welcome for a reflective pilgrimage walk from Selsey to the medieval church at Church Norton, where St Wilfrid set up his mission to the people of Sussex. Walk and pray through beautiful shoreline countryside. Meet at 11am at Our Lady and St Wilfrid Church, 12 Church Road Selsey PO20 0LS. The walk is about 5 miles over uneven footpaths. Please bring a packed lunch. The day concludes with tea, refreshments and discussion in the church hall in Selsey. See [Sussex Pilgrimage – Discover pilgrimages in Sussex](#) for further details or phone Maria on 07413 267267.

The London Concertante perform 'The Four Seasons' and 'The Lark Ascending' in the Cathedral on Sun 27th Sept 7.30pm. See [London Concertante | Vivaldi's Four Seasons and The Lark Ascending](#)

Hospital or housebound? If you, or a member of your family, or a friend is unable to come to Mass for any length of time, due to illness or infirmity, please do contact the Parish Office so that a visit can be arranged. If someone is in hospital or a care home, please let the Parish Office know where and ideally which ward. The sooner we are aware of people in the need the better.

Are you new to the parish or been here a while and never registered? Click on the QR code below and let us know you're here. This form is for Arundel and Storrington parishioners.



HOLY MASS & OTHER SERVICES THIS WEEK			Rosary
Saturday 29th		22nd Sunday, Year A	Wednesdays 7.00pm (Storrington) Mondays after 10am Mass - Arundel First Saturday of the month 9.15am - Arundel
Cathedral	5.00pm		
Sunday 30th		Mary Sherlock RIP & Julia Sherlock RIP Izolda Rita Geniene & Domas Rimgaudas	
Storrington	9.00am		
Cathedral	11.00am	St Aidan, Bishop, Missionary & Saints of Lindisfarne	Music at Mass 9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.
Monday 31st			
Cathedral	10.00am	The Parkinson Family	Liturgy of the Word with Children Storrington 9.00am Mass every week from 6 th September. Arundel 5.00pm Mass 12 th & 26 th September, 10 th & 24 th October.
Tuesday 1st		People of the Parish	
Storrington	10.00am		
Wednesday 2nd		Jack Gore RIP	Coffee & Tea After 9.00am Mass at Storrington After 11.00am Mass at Arundel
Cathedral	10.00am		
Thursday 3rd		St Gregory the Great, Pope, Doctor	Requiem in Aeternum Your prayers are asked for all those who have died recently.
Storrington	10.00am	Holy Souls	
Friday 4th		St Cuthbert, Bishop	Sacrament of the Sick Please contact Fr Stephen Tel 01903 882297 Other local parishes: Petworth: 01798 342169 Bognor: 01243 823619 Chichester 01243 782343
Cathedral	9.15am	Adoration to 9.45am	
Cathedral	10.00am	Intentions of Mary Plasabas	
Saturday 5th		St Teresa of Calcutta, Virgin	Prayers For The Sick Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.
Cathedral	10.00am	Nuala Vokes RIP	
Cathedral	10.30am	Confessions and Adoration	
		23rd Sunday, Year A	
Cathedral	5.00pm	People of the Parish	
Sunday 6th		Intentions of Olivia Wijetunge Dr Aires Carvalho RIP	
Storrington	9.00am		
Cathedral	11.00am		

Chemin Neuf at Our Lady of England, Storrington
 Mon - Frid: Adoration 6pm-6:30pm in Church (not in August)
 Mon, Wed & Fri Mass (Maronite) 9.00am in Church (not in August)
 Tuesday 7.30-8.30pm Prayer Group (not in August)
 01903 742150 storrington@chemin-neuf.org

Masses at the Convent of Poor Clares, Crossbush
 Monday - Saturday: 8.30am;
 Sunday: 6.00pm