



THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON

ARE YOU STRUGGLING WITH BEREAVEMENT OR LOSS?

Would it help to have
someone to talk to?

Our Deanery has a team of trained Catholic Bereavement Supporters available to listen and support people experiencing bereavement and loss. Please contact your Parish Priest if you would like to speak to one of our team.

To find out more about Bereavement Support please contact our Marriage and Family Life Project Officer:

E: simon.south@abdiocese.org.uk T: 01293 651155

www.abdiocese.org.uk Charity No 252878