



**The Catholic Community of
Arundel & Storrington**
16th Sunday in Ordinary Time, A
19th July 2026



Contact us	Priest: Fr Stephen Dingley Deacons: Rev Roger Stone roger.stone@abdiocese.org.uk ; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk www.arundelcathedral.uk and Our Lady Of England Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 sg1.arundel@abdiocese.org.uk Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk		
Our Churches	The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ		
Live Stream	Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel		
Catholic Schools	St Philip’s Catholic Primary School 01903 882115 St Philip Howard Catholic School 01243 552055	office@st-philips.w-sussex.sch.uk office@sphcs.co.uk	London Road, Arundel, West Sussex BN18 9BA Headteacher: Mrs Thérèse Pullan Elm Grove South, Barnham, West Sussex PO22 0EN Headteacher: Mr Tim Hulse

Starting last Sunday we have begun to read through chapter 13 of Matthew's Gospel, which consists of a string of Jesus' parables—most of them based on everyday realities (at least in first century Palestine): a farmer sowing seeds, weeds growing up among the wheat, the wonderful growth of a mustard seed, a woman making bread. It seems to me that we get a lovely insight into Jesus' mind here. As He looks out on the world around Him, He sees all sorts of pointers, hints and images of another world secretly becoming real within this world—the Kingdom of Heaven.

It would be lovely for us too to share that way of looking at things, to see the world through the eyes of Jesus, to see signs of the Kingdom in all the situations of our lives.

And I wonder what sort of parables Jesus would use in our modern world. What sort of parables could our modern technology give rise to? The parable of the microwave oven – or the parable of the social media users – or the traffic jam – or the pot noodle? Who knows what Jesus would say? I haven't worked out any answers. You'll have to write the parables yourself! But it might be a fun moment of prayer over the summer ... And maybe we'll see something of our world in a new light—the new light of Jesus.

God bless, Fr Stephen

Changes to Masses this coming week: On Tuesday 21st July Mass will take place in Arundel, a celebration of Fr Graham Platt's 25th Anniversary of Ordination. On Thursday Mass will be in Arundel at 11am and will be the Requiem for Nuala Vokes. Mass in Storrington will take place this week on Wednesday at 10am followed by Confessions and Adoration.

Bishop-elect Stephen Please keep Fr Stephen Wang in your prayers as he prepares for his move to our diocese.

Please pray for Nuala Vokes who died recently, her body will be brought into the Cathedral on Wednesday 22nd July at 6pm and her Requiem Mass will be on Thursday 23rd July at 11am.

From Deacon David Clifton: Thanks to parishioners for all their good wishes, prayers, cards and gifts for my Silver Jubilee last week.

Diocesan Pilgrimage to Lourdes If you want to send a prayer intention or ask for a candle to be lit in Lourdes for your intention, Deacon Roger will be going on the Diocesan Pilgrimage and is happy to do this. Please drop intentions clearly marked 'Lourdes Prayer (or candle) Intentions' in an envelope to Cathedral House by Sunday 19th July or hand direct to Deacon Roger who will place them into the petitions box in the Grotto.

Fr Graham Platt is celebrating his 25th Anniversary of priesthood on 21st July at 10am Mass in the Cathedral. All welcome and to refreshments at the Cathedral Centre afterwards.

The Tuesday Drop In will meet again at St Wilfrid's Priory, London Road, from 2 to 4pm on Tuesday 21st July. No meetings in August but we will have a tea outing to Riverside Tea Rooms, more details to follow.

Kooracademia from the Netherlands will sing Vespers in the Cathedral on Tuesday 21st July at 5.30pm. All are welcome. (why not pop to the Cathedral after the Drop In?!)

Storrington and Chemin Neuf Many thanks to those who have offered their assistance on the Future Planning Group for the parish. The group will look at the issues raised by the news that the Chemin Neuf Community will sadly be leaving Storrington next summer. The handouts outlining the work of this group are still available in the porch this weekend and we hope that parishioners will offer their services by 19th July so that a start can be made soon.

Men's Breakfast Gatherings—Arundel Cathedral Centre Thanks to all who came along and those who helped as well. Future dates for your diaries: 8th August, 5th September, 3rd October, 7th November, 5th December 8.30am. If you would like to be involved in the preparation of the food and drink, contact Deacon Roger Stone: roger.stone@abdiocese.org.uk See the posters for more details.

Fundraising Walk Our parishioner Adam Vernon is doing two fundraising walks; one 50km (31 miles) on the 1st of August and a second 100km (62 miles) on the 5th and 6th of September. This year he is raising money for The Brain Tumour Charity as he and Betsy have three friends with brain tumours, two of which are Arundel Cathedral parishioners. If you would like to support his fundraising please go to his Just Giving page to donate. - Thank you. [Adam Vernon is fundraising for The Brain Tumour Charity](#)

Arundel Mothers Prayer Group meets every Tuesday at 11am in the Cashman Room at the Cathedral Centre.

New Parishioners Are you new to the parish? Have you filled in a form to let us know you're here? The form for both Arundel and Storrington is here: [Register With The Parish – Arundel Cathedral](#)



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

There are SVP Groups in Arundel and Storrington who meet regularly and can offer help and support. If you, or someone you know, would like a friendly visit or help in any way or you would like to know more, please contact the parish office.

Assisted Dying Update—Tuesday 21 July 7pm Now that this Bill will be voted on again on 11 September it is essential to contact your MP to urge that they vote against the Bill. Dr Dominic Whitehouse (consultant in End of Life Care) will explain what the current position is on 21 July from 7 to 8.45pm in the Lower Parish Room St Richard's, Cawley Road, Chichester, PO19 1XB. All Welcome

Adoremus 2026, the next Eucharistic Congress, 10 October in London, at St George's Cathedral, Southwark and Westminster Cathedral Adoremus is the Bishops' invitation to renew our devotion to the Eucharistic Lord and includes a gathering in London, as well as parish events. If you wish to be part of the 'representative group' which will attend Mass at noon and join in the Eucharistic Procession from Southwark to Westminster during Adoremus, please visit the Diocesan website events page or click here to find out more and reserve your place: W: [Adoremus \(10-Oct-2026\) · ChurchSuite Events](#) . Places are very limited. Those attending will travel to London independently and meet at St George's Cathedral, Southwark.

Young Adults' Retreat Day on Saturday 26 September 2026 10am-6.30pm at St Wilfrid's Burgess Hill. **Tickets start from £20pp.** Young Adults (18-35) from across the UK are invited to join the Youth team from Arundel and Brighton Diocese for a Retreat Day. A jam-packed day of prayer, formation, friendship, and fun as together, we will seek hearts open to His healing presence, trusting that Jesus desires to bring freedom, restoration, and transformation to our lives. As we encounter Him, we pray to discover true peace within ourselves, to become peacemakers in the world around us, and to be renewed with an apostolic fire burning brightly within our hearts. Lunch and refreshments are included in the ticket price. To book your place or find out more visit the Diocesan website events page or use this link: [Young Adults' Retreat \(26-Sep-2026\) · ChurchSuite Events](#) Participants are very welcome to join the Parish Mass at 6.30pm, with social time at a local pub to follow.

The Catholic Medical Association is keen to welcome new members! The Catholic Medical Association has been helping Catholic healthcare professionals integrate their faith with their clinical practice since 1911. If you are a Catholic in healthcare, whether you are a doctor, nurse, student, or allied professional, join us today and grow in fellowship. Find out more here W: [Home - Catholic Medical Association](#)

'Mary, Cause of our Joy' Diocesan Pilgrimage to Walsingham 23- 25 October 2026

Led by Fr David Murphy, journey in prayer to Walsingham this autumn, joining people from across our Diocese at "England's Nazareth". Pilgrims will travel to Walsingham by coach, with collection and return at The St Philip Howard Centre, Crawley, RH10 6RP. To book your place or find out more visit the Diocesan website or use this link <https://abdiocese.churchsuite.com/events/kjbnthfp>

St Wilfrid's Hospice are opening a new shop in Arundel shortly and are looking for people to volunteer to help. For more information or to offer your help, call 01243 755816 or visit: [New shop! Arundel High Street - St Wilfrid's Hospice](#)

Marriage Anniversaries Mass – Saturday 3 October at Arundel Cathedral Whether you are celebrating a special anniversary or simply giving thanks for your marriage this year, come and join us for our annual celebration of the joys and grace of sacramental marriage. Mass will be celebrated at 11.30am. There will also be a wonderful opportunity to renew your wedding vows during Mass. This will be followed by a small drinks reception in the Cathedral Centre. Family and friends are very welcome. The Cathedral and Centre are wheelchair friendly. If you have any questions do not hesitate to contact Deacon Simon South, Marriage and Family Life Adviser at E: simon.south@abdiocese.org.uk. To book your free place, you can scan the QR code on the poster or go to the Events page of the Diocesan website W: [Marriage Anniversaries Mass \(03-Oct-2026\) · ChurchSuite Events](#)

'ABRAHAM' (A course for those over 70ish) A series of 5 days with the Chemin Neuf Community to look at the possibilities as we age at The Priory, Storrington, RH20 4LN 10am – 4pm Thursday 24 September, 8 October, 22 October 5 November and 19 November 2026. Explore your life now and in the future. It's never too late. God called Abraham when he was 75! Contact: Felicity Hadley email storrington@chemin-neuf.org or more details: [Abraham - Chemin Neuf UK](#)

HOLY MASS & OTHER SERVICES THIS WEEK			Prayers For The Sick Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.
Saturday 18th		16th Sunday, Year A	Sacrament of the Sick Please contact Fr Stephen Tel 01903 882297 Other local parishes: Petworth: 01798 342169 Bognor: 01243 823619
Cathedral 5.00pm	People of the Parish		
Sunday 19th			 Requiem in Aeternum Your prayers are asked for all those who have died recently.
Storrington 9.00am	People of the Parish		
Cathedral 11.00am	Sheila Lyons RIP		Coffee & Tea After 9.00am Mass at Storrington After 11.00am Mass at Arundel
Monday 20th		St Apollinaris, Bishop, Martyr	
Cathedral 10.00am	Henry and Dorothy Phillips RIP		Liturgy of the Word with Children Every week at 9am Mass in Storrington. Taking a break in August. At Arundel at 5.00pm Mass twice a month, now taking a break, back in September.
Tuesday 21st			
Cathedral 10.00am	Intentions of Fr Graham Platt (25th Anniv)		 Music at Mass 9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.
Wednesday 22nd		St Mary Magdalene	
Storrington 10.00am	Holy Souls		Rosary Wednesdays 7.00pm (Storrington) Mondays after 10am Mass - Arundel First Saturday of the month 9.15am - Arundel
Storrington 10.30am	Confessions and Adoration to 11.30am		
Cathedral 6.00pm	Reception of Nuala Vokes' body		Masses at the Convent of Poor Clares, Crossbush Monday - Saturday: 8.30am; Sunday: 6.00pm
Thursday 23rd		St Bridget of Sweden, Patron of Europe	
Cathedral 11.00am	Requiem for Nuala Vokes RIP		Chemin Neuf at Our Lady of England, Storrington Mon - Frid: Adoration 6pm-6:30pm in Church Mon, Wed & Fri Mass (Maronite) 9.00am in the Church Tuesday 7.30-8.30pm Prayer Group 01903 742150 storrington@chemin-neuf.org
Friday 24th			
Cathedral 9.15am	Adoration to 9.45am		Masses from the Cathedral Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel
Cathedral 10.00am	Fr Jock Dalrymple & Fr Rags Hay-Will 40th Anniversaries of Ordination		
Saturday 25th		St James, Apostle	17th Sunday, Year A Cathedral 5.00pm Holy Souls
Cathedral 10.00am	For the wellbeing of Alethea Synan		
Cathedral 10.30am	Confessions and Adoration		Sunday 26th Storrington 9.00am Intentions of Ella Wijetunge Cathedral 11.00am People of the Parish
Cathedral 5.00pm	Holy Souls		

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