



The Catholic Community of Arundel & Storrington



22nd Sunday, Year C - 31st August 2025

Contact us	<p>Priest: Fr Stephen Dingley Deacons: Rev Roger Stone roger.stone@abdiocese.org.uk; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk www.arundelcathedral.uk and Our Lady Of England</p> <p>Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 sg1.arundel@abdiocese.org.uk Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk</p>		
Our Churches	<p>The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ</p>		
Live Stream	<p>Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel</p>		
Catholic Schools	St Philip's Catholic Primary School 01903 882115 St Philip Howard Catholic School 01243 552055	office@st-philips.w-sussex.sch.uk office@sphcs.co.uk	London Road, Arundel, West Sussex BN18 9BA Headteacher: Mrs Lucy Horne Elm Grove South, Barnham, West Sussex PO22 0EN Headteacher: Mr Tim Hulse

The affliction of the proud has no healing

The Book of Sirach is uncompromising: there's no antidote or soothing balm for pride. Pride is like a plant, rooted in our soul. All we can do to get rid of it is to pull it out and make sure that the roots are completely dug up and thrown away. Pride makes us do many things our instincts tell us will be bad for others, bad for us, and damaging to our relationship with the Lord. Sometimes we go ahead anyway. No wonder we are restless and uncomfortable so much of the time.

Sometimes we're too obsessed with what other people think of us. We don't have to live hemmed in like this. We can change, and we don't have to become excessively pious or falsely modest. Whose opinion of us really matters? Is it those who think they know what's best for us, who like to feed our vanity by flattering us, or feel entitled to endow us with the benefit of their opinion? Let's remember that opinions aren't fact. They change. Maybe others' opinion of us isn't that determinative after all.

Far better to look beyond, or perhaps through, the self-service, pick-and-mix 'truths' and shifting opinions the world and transient ideologies offer. And search instead for truth that is eternal and absolute. The truth God reveals to us in and through his word, culminating in the person of Jesus Christ. Yes, this does mean we have to make time to read his word, take time to listen to it and devote time to discerning the truth it contains. But since it's only God's opinion of us that matters, isn't it worth it?

Deacon Roger Stone

There are no changes to Mass times this coming week.

September Drop-In takes place on Tuesday 2nd September in the lower hall at the Cathedral Centre. All are welcome for tea, coffee, chat, games and friendship.

Storrington & Arundel Communities Barbecue

at Our Lady of England, Storrington

Sunday 14th September.

Tickets on sale after Masses this weekend at £5.00 each,
free for under 18's (but please take a ticket so we cater for enough people!).

If you want to pay via a donation device, please add a £0.25 processing fee after collecting a physical ticket. Bring your own drinks, some soft drinks will be available.

Can you help on the day? Contact the parish office, there will be lots to do!

The World Day of Prayer for the Care of Creation, celebrated on 1 September, is the official start of the *Season of Creation*, a time of sustained prayer and action which lasts a month and four days (1 September – 4 October). During this season we are encouraged to pray and engage in community events in order to deepen our relationship with God, our neighbour and the earth we share, being ever more attentive to the cry of the earth and the cry of the poor.

10th Anniversary of Laudato Si': Sustaining the Impact An online event on 3 September at 7pm marking the 10th anniversary of Laudato Si', Pope Francis' ground breaking encyclical on care for our common home. Organised by Catholic Bishops' Conference of England and Wales in partnership with CAFOD, this event will reflect on the impact that *Laudato Si'* has had on the work of the speakers and/or organisations for which the speakers work. The webinar will also examine the spiritual and practical challenges that lie ahead, and the unique role faith communities can play in shaping a just and sustainable future. [10th Anniversary of Laudato Si': Sustaining the Impact - Catholic Bishops' Conference](#)

Screening of 'The Letter: A Message for Our Earth'. This film, which follows frontline activists from around the world as they travel to Rome to meet Pope Francis and discuss with him the vision of his letter 'Laudato Si' on care for our common home will be shown at The New Park Cinema in Chichester at 6pm on Monday 22nd September. The screening will include a Q & A session with the film's director Nicolas Brown. More details at [The Letter: A Message for our Earth - Chichester Cinema at New Park](#)

Coffee Rota – Arundel

Volunteers welcome to join the existing 11am Mass coffee rota
as well as more needed to get a rota going for the 5pm Saturday Mass.

Contact Betsy if you can offer some help on 07749 187028.

The more people on the rota, the less often it's your turn!

Pilgrimage Day in honour of St Philip Howard Saturday 27 September to pray and reflect on his life and witness and our own journey through life. Join the Friends of Arundel Cathedral to walk along the west bank of the River Arun from Littlehampton, where St Philip Howard was arrested, to his shrine at Arundel Cathedral. Mass at St Catherine's Littlehampton at 9am, Prayers at St Andrew's Ford at 12.15, Benediction at the Cathedral at 3pm. Walk from Littlehampton (6.5 miles) or from Ford (2.5 miles). Lifts back to Littlehampton or Ford can be arranged. All welcome for all or any part of the day. Booking needed for the walk. Contact Lindsey Stratford on 01903 884567 or email aruncathfriends@btconnect.com to book.



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

There are SVP Groups in Arundel and Storrington who meet regularly and can offer help and support. If you, or someone you know, would like a friendly visit or help in any way or you would like to know more, please contact the parish office.

The Diocese is advertising for: Finance Manager, full-time, permanent, salary: £60,000 to £65,000 based at The St Philip Howard Centre, Crawley (on site). Application deadline: 18 September 2025. Interviews: 23 September 2025. Reporting to the Chief Operating Officer, the successful applicant will manage 5 colleagues and oversee the support of cloud-based reporting for 80 parish sites and the delivery of timely, accurate management accounts for central operations based at our Crawley site. For more information see [Finance Manager | Careers](#) .

Sussex Historic Churches Trust (SHCT) encourages churches to open their doors for this year's Ride + Stride event on Saturday 13 September. If someone raises money and takes part in Ride + Stride from our parish, 50% of any funds raised come to us and 50% go to SHCT to help fund their grant work. This is a wonderful opportunity to welcome visitors, raise funds for our church, and support the Trust's vital work. To find out more visit: [Info for Participants | SHCT](#) It would be lovely to have a few people around at the Cathedral and in Storrington to **welcome people that day, can you help?** Please let Louise know in the parish office.

'Abraham' A course for those over 70ish. A series of 5 days with the Chemin Neuf Community to look at the possibilities as we age, held at The Priory, Storrington, RH20 4LN 10am – 4pm Thursday 25 September, 9 October, 23 October, 6 November and 20 November 2025. Explore your life now and in the future. It's never too late. God called Abraham when he was 75! Contact: Felicity Hadley email storrington@chemin-neuf.org or more details at: [Abraham - Chemin Neuf UK](#) .

A Morning of Hope: Local Charity Brings West Africa Closer to Surrey Hearts The Guildford & District Knights of St Columba warmly invite the public to an inspiring morning talk, *From Godalming to Burkina Faso*, on Saturday 20 September 2025, from 10.30am to 11.45am at Our Lady Help of Christians Roman Catholic Church, West Byfleet. Tickets are just £5 and advance booking is encouraged at [TicketSource - Discover Great Events & Things To Do Near You](#) (search 'Burkina Faso'). All proceeds directly support the charity's transformative work.

Food Collection There is a box at the back of the Cathedral for food donations, which most recently have been given to Stonepillow, a local charity supporting people with housing difficulties. You can see what they need most at: [Donate Food - Stonepillow](#) Thank you for your continued generosity.

Clothing Collection there is also a box at the back of the Cathedral for men's clothing needed by the Gatwick Detainees Welfare Group.

Diocesan Events coming up in the autumn:

Building the Domestic Church – Saturday 4 October at the St Philip Howard Centre, Crawley To book a place follow this link [Building the Domestic Church \(04-Oct-2025\) · ChurchSuite Events](#) or you can book through the events page on the Diocesan website.

Marriage Anniversaries Mass – Saturday 11 October 11.30am at Christ the Prince of Peace, [Weybridge, Surrey KT13 8JD](#) Come and join us for our annual celebration of the joys and grace of sacramental marriage. Bishop Richard will celebrate Mass for us at 11.30am. There will also be a wonderful opportunity to renew your wedding vows during Mass. Small drinks reception in the Parish Hall. Family and friends are very welcome. The church and hall are wheelchair friendly, with a number of disabled parking spaces available. Book at [Marriage Anniversaries Mass \(11-Oct-2025\) · ChurchSuite Events](#) Any questions about either event please contact Deacon Simon South, Marriage and Family Life Advisor E: simon.south@abdiocese.org.uk .

The House of Prayer, East Molesey Programme – Autumn 2025 is now available at: www.christian-retreat.org/our-programme

New Parishioners Are you new to the parish? Have you filled in a form to let us know you're here? The form for both Arundel and Storrington is here: [Register With The Parish – Arundel Cathedral](#)

HOLY MASS & OTHER SERVICES THIS WEEK

Saturday 30th		
Cathedral	5.00pm	People of the Parish
Sunday 31st		22nd Sunday, Year C
Storrington	9.00am	Private Intention
Cathedral	11.00am	Minnie Paradine RIP
Monday 1st		
Cathedral	10.00am	Monica & Patrick Parkinson RIP
Tuesday 2nd		
Storrington	10.00am	People of the Parish
Wednesday 3rd		St Gregory the Great, Pope, Doctor
Cathedral	10.00am	Reginald Dennis Worsley RIP
Thursday 4th		St Cuthbert, Bishop
Storrington	10.00am	Deceased of the Ikpoh Family
Storrington	10.30am	Confessions & Adoration to 11.30am
Friday 5th		
Cathedral	9.15am	Adoration to 9.45am
Cathedral	10.00am	Wellbeing of Con O'Connell
Saturday 6th		Our Lady on Saturday
Cathedral	10.00am	Gordon Miles RIP
Cathedral	10.30am	Confessions and Adoration to 11am
		23rd Sunday, Year C
Cathedral	5.00pm	People of the Parish
Sunday 7th		
Storrington	9.00am	Kathleen Anderson RIP
Cathedral	11.00am	Dr Priscilla Noble Mathews RIP

Chemin Neuf at Our Lady of England, Storrington

Mon - Frid: Adoration 6pm-6:30pm in Church
 Mon, Wed, Fri & Sat Mass (Maronite) 9.00am in the Church
 Tuesday 7.30-8.30pm Prayer Group
 01903 742150 storrington@chemin-neuf.org

Masses at the Convent of Poor Clares, Crossbush

Monday - Saturday: 8.30am; Sunday: 6.00pm

Prayers For The Sick

Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.

Sacrament of the Sick

Please contact Fr Stephen
 Tel 01903 882297
 Other local parishes:
 Petworth: 01798 342169
 Bognor: 01243 823619
 Chichester 01243 782343



Requiem in Aeternum

Your prayers are asked for all those who have died recently.

Coffee & Tea

After 9.00am Mass at Storrington
 After 11.00am Mass at Arundel

Liturgy of the Word with Children

Takes place weekly at 9am Mass in Storrington (taking a break in August).
 At Arundel this will take place at **5.00pm Mass** twice a month from September, dates to follow.
 All are welcome at either place.

Music at Mass



9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.

Rosary

Wednesdays 7.00pm - Storrington
 Mondays after 10am Mass - Arundel
 First Saturday of the month 9.15am - Arundel

Finance

If you have any questions about setting up standing orders or Gift Aid, please contact Martin Hall on ga.arundel@abdiocese.org.uk
 Martin can help with queries in both Arundel & Storrington.

Masses from the Cathedral are livestreamed and are available via the Cathedral website
www.arundelcathedral.uk or <https://www.churchservices.tv/arundel>