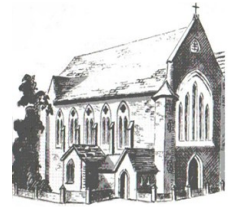


**The Catholic Community of
Arundel & Storrington**
The Most Holy Body & Blood of Christ
7th June 2026



Contact us	<p>Priest: Fr Stephen Dingley Deacons: Rev Roger Stone roger.stone@abdiocese.org.uk; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk www.arundelcathedral.uk and Our Lady Of England</p> <p>Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 sg1.arundel@abdiocese.org.uk Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk</p>								
Our Churches	<p>The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ</p>								
Live Stream	<p>Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel</p>								
Catholic Schools	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">St Philip’s Catholic Primary School</td> <td style="width: 50%;">London Road, Arundel, West Sussex BN18 9BA</td> </tr> <tr> <td>01903 882115</td> <td>office@st-philips.w-sussex.sch.uk Headteacher: Mrs Thérèse Pullan</td> </tr> <tr> <td>St Philip Howard Catholic School</td> <td>Elm Grove South, Barnham, West Sussex PO22 0EN</td> </tr> <tr> <td>01243 552055</td> <td>office@sphcs.co.uk Headteacher: Mr Tim Hulse</td> </tr> </table>	St Philip’s Catholic Primary School	London Road, Arundel, West Sussex BN18 9BA	01903 882115	office@st-philips.w-sussex.sch.uk Headteacher: Mrs Thérèse Pullan	St Philip Howard Catholic School	Elm Grove South, Barnham, West Sussex PO22 0EN	01243 552055	office@sphcs.co.uk Headteacher: Mr Tim Hulse
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Pay Attention!

We celebrate today the Solemnity of *Corpus Christi*, on which the words of Saint Leo the Great seem apposite: “what was visible of the Lord has passed over into the Mysteries,” the Greek word *Mysterion* translating into the Latin *Sacramentum*. As the Catechism emphasises, in the Eucharist, “Christ Himself, living and glorious, is present in a true, real, and substantial manner: His Body, Blood, Soul, and Divinity.”

Walter Ciszek’s book ‘He Leadeth Me’ powerfully illustrates the privilege of participating in the Mass and receiving the Eucharist. It details his experience of twenty-three years in Soviet prisons and Siberian labour camps, the first five spent in solitary confinement, able to make spiritual communions, but being denied the opportunity of receiving Christ sacramentally. The hunger for Christ’s physical presence was “as real to me as the bodily hunger I constantly experienced through those years.” During his eighteen years in the labour camps, he recounts in detail the trials and risks that he, fellow priests, and other prisoners went through in order to participate in the Mass and receive Holy Communion. “Sometimes I think that those who have never been deprived of an opportunity ... [of attending] Mass do not really appreciate what a treasure the Mass is.” He describes the experience of receiving the Eucharist at that time as being “very real; you could feel its effects upon your mind and heart ... it was a necessity, to foster the life of the soul, just as much as our daily bread was necessary to sustain the body.”

Reflecting on the gift being offered to us, I was struck by some words of Pope Benedict XVI in an interview from 2010: “Something quite special is going on here! He is here, the One before whom we fall on our knees! Pay attention! This is not just some social ritual in which we can take part if we want to.”

Fr. Nick.
(Our Lady and the Saints of Sussex)

Changes to Masses this coming week: On Tuesday 9th June there will not be a Mass at the Convent or at Storrington.

A huge thank you to everyone who contributed towards our celebration of **Corpus Christi**. The event is a great team effort from so many people, and it is a privilege to welcome so many people from around our diocese and beyond to join in honouring Jesus in the Most Holy Eucharist. To Him be praise, glory and thanksgiving for ever!

Carpet of Flowers Video A drone video of the completed Carpet of Flowers is shown can be viewed at <https://www.youtube.com/watch?v=03HPSpuJaCM&feature=youtu.be>

First Communion Storrington Please pray for the young people who will receive communion for the first time at Storrington **this** Sunday 7th June at the 9am Mass. Please pray for them and their families too, that they will all continue to grow in the love of Christ and His Blessed Sacrament.

Storrington and Chemin Neuf As you will have heard announced last weekend, and seen in an e-mail the Chemin Neuf Community will sadly be leaving Storrington next summer. There will be an open meeting for parishioners in Wednesday 17th June at 7.30pm in the hall at Our Lady of England to give more details of the new situation and to begin to consider the best way forwards. Copies of the announcement are on the Parish noticeboard and in the porch, as well as on Storrington website.

Mission Appeal Next weekend (13/14 June) we will welcome Fr Kevin McDonagh from the Columban Missionaries. This is the annual Mission appeal in our diocese hearing about their experience of cross-cultural mission in South America, Asia and the Pacific. [Columban Missionaries - Sharing Gospel Joy](#)

Tuesday Drop In Next meeting: 16 June at St Wilfrid's Priory Care Home. All welcome for tea/coffee, friendly chat. Lifts available, please contact Maria on 07413 267267.

Are you interested in becoming a Catholic, or just exploring what this entails? If so, please speak to Fr Stephen, Deacon Roger or e-mail the parish office. We have begun our "**Explorers Group**" again, running roughly once a month on Tuesday evenings in the Cathedral Centre at 7.30pm. We will be offering refreshments and conversation about our search for God in our lives in a friendly, open atmosphere, with no pressure, and all opinions and ideas welcome. No commitment is required to begin this - only a desire to discover a little more about Jesus and the Catholic faith. Dates for the forthcoming meetings are: **9 June, and 7 July**. We very much look forward to seeing you then. Why not invite a friend?

Arundel Fathers' Day Brunch Sunday 21st June after 11.00am Mass for the gentlemen of the parish. All welcome, coffee as usual too.

Arundel Mothers Prayer Group meets every Tuesday at 11am in the Cashman Room at the Cathedral Centre. All welcome.

Men's Breakfast Gatherings We are excited to launch a new, monthly Men's Breakfast Gathering at Arundel Cathedral Centre. The idea is to create a relaxed environment which provides an opportunity for us to grow in our faith by getting to know others better and building friendships. There is no agenda and no pressure but men 18 years+ will be very welcome to come along. Join us for our inaugural meeting on Saturday, 4th July at 8.30am. Bring a friend! If you would like to be involved in the preparation of the food and drink, contact Deacon Roger Stone: roger.stone@abdiocese.org.uk See the posters for more details.

New Parishioners Are you new to the parish? Have you filled in a form to let us know you're here? The form for both Arundel and Storrington is here: [Register With The Parish – Arundel Cathedral](#)



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

There are SVP Groups in Arundel and Storrington who meet regularly and can offer help and support. If you, or someone you know, would like a friendly visit or help in any way or you would like to know more, please contact the parish office.

Friends of Arundel Cathedral Summer Celebration Friday 12th June 6.30pm. Vespers at Arundel Cathedral (free) followed by drinks, canapes and a garden tour in the Collector Earl's Garden, Arundel Castle. Tickets for the garden £25 for members £30 for non members available at [Buy tickets – Summer Celebration Vespers at Arundel Cathedral with Drinks and Canapes in the Collector Earl's Garden, Arundel Castle – Arundel Cathedral and Arundel Castle](#) or click on the QR code to the right. Further details please e-mail aruncathfriends@btconnect.com . Please be aware there are uneven surfaces and pathways in the garden.



Prayer at the Memorial to Children Lost Before Birth Sunday 21 June 4pm On the Bishops' Conference Day for Life there will be a short service of prayer at the Memorial at the Cathedral Cemetery to pray for all those affected by the loss of a child at or before birth and for the promotion of a culture of life. The theme this year is The Wonder of the Child in the Womb. See: [Day for Life - Catholic Bishops' Conference](#) All welcome, refreshments afterwards in the hall. New volunteers are needed to help care for the memorial on a rota, to tidy and refresh the flowers etc, approx.. 45 minutes every six weeks. If you are interested please contact Maria on 07413 267267.

Storrington Social: After a successful BBQ last September we'd like to build a team of people interested in planning social events in the parish. Can you help? Talk to Kerry Johnston after Mass or e-mail the parish office who will pass your details to Kerry.

Grandparents Pilgrimage, The Shrine of Our Lady of Consolation & St Francis, West Grinstead, Wednesday 17 June 11am – 3pm A day of sharing and prayer with other Grandparents with Mass, Benediction, Rosary, tours of the secret chapel and lots of chat. Please bring a packed lunch. To register: [Grandparents' Pilgrimage to West Grinstead \(17-Jun-2026\) · ChurchSuite Events](#) . If you have any questions about the day please contact Deacon Simon South, Marriage & Family Life Adviser E: simon.south@abdiocese.org.uk

The Nick Webber Trust Garden Party raising funds for the poorest of the poor in Malawi: from 2pm on Saturday June 20th at 1, Apple Tree Walk, Clymping, BN17 5QN. Various stalls, raffle, delicious cakes, great company, and a chance to catch up on what this local charity has achieved in the past 21 years.

Hospital or housebound? If you, or a member of your family, or a friend is unable to come to Mass for any length of time, due to illness or infirmity, please do contact the Parish Office so that a visit can be arranged. If someone is in hospital or a care home, please let the Parish Office know where and ideally which ward. The sooner we are aware of people in the need the better.

Arundel Green Week 6-14 June [Great Big Green Week 2026](#) lots of activities taking place across the town this coming week to get involved with.

Did you know our parish uses green energy? Our parish energy is purchased through **Inter-Diocesan Fuel Management (IFM)**, which is owned by all the dioceses in England & Wales and parts of Scotland. By working together through IFM, Catholic parishes, schools and dioceses, the Church secures competitive energy prices while making more sustainable choices. Through IFM, our parish electricity comes from **100% renewable sources**, and the gas we use is **88% green gas**, helping to significantly reduce the Church's environmental impact and support the Church's commitment to care for creation. This collaborative approach allows Catholic communities to benefit from shared purchasing power while ensuring responsible stewardship of parish resources. Stay up to date by following IFM and Churchmarketplace on social media or contact us at general@ifmltd.com / 0345 257 9739 for more information or support.


Food Collection There is a box at the back of the Cathedral for food donations, which most recently have been give to Stonepillow, a local charity supporting people with housing difficulties. You can see what they need most at: [Donate Food - Stonepillow](#) Thank you for your continued generosity.

Clothing Collection there is also a box at the back of the Cathedral for men's clothing needed by the Gatwick Detainees Welfare Group. They are so grateful for the many items received already.

HOLY MASS & OTHER SERVICES THIS WEEK		
Saturday 6th		The Most Holy Body & Blood of Christ
Cathedral	5.00pm	Mary McDonnell RIP
Sunday 7th		
Storrington	9.00am	Intentions of First Communion Families
Cathedral	11.00am	People of the Parish
Monday 8th		
Cathedral	10.00am	Roger Mortimore RIP
Tuesday 9th		St Ephrem, Deacon, Doctor
No Mass		
Wednesday 10th		
Storrington	10.00am	Jean Marc Fritz RIP
Thursday 11th		St Barnabas, Apostle
Storrington	10.00am	People of the Parish
Storrington	10.30am	Confessions and Adoration to 11.30am
Friday 12th		The Most Sacred Heart of Jesus
Cathedral	9.15am	Adoration to 9.45am
Cathedral	10.00am	For the wellbeing of Ben & Andrew
Cathedral	6.30pm	Vespers
Saturday 13th		The Immaculate Heart of Mary
Cathedral	10.00am	For the wellbeing of Bridget Cormack
Cathedral	10.30am	Confessions and Adoration
		11th Sunday, Year A
Cathedral	5.00pm	People of the Parish
Sunday 14th		
Storrington	9.00am	Jacqueline Moremon RIP
Cathedral	11.00am	Intentions of Lilian Camcaro (birthday)


Prayers For The Sick
Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.

Sacrament of the Sick
Please contact Fr Stephen
Tel 01903 882297
Other local parishes:
Petworth: 01798 342169
Bognor: 01243 823619

 **Requiem in Aeternum**
Your prayers are asked for all those who have died recently.

Coffee & Tea
After 9.00am Mass at Storrington
After 11.00am Mass at Arundel

Liturgy of the Word with Children
Every week at 9am Mass in Storrington .
At Arundel this will take place at **5.00pm Mass** twice a month as follows:
6th & 20th June, 4th & 11th July.

Music at Mass
 9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.

Rosary
Wednesdays 7.00pm - Storrington
Mondays after 10am Mass - Arundel
First Saturday of the month 9.15am - Arundel

Chemin Neuf at Our Lady of England, Storrington
Mon - Frid: Adoration 6pm-6:30pm in Church
Mon, Wed & Fri Mass (Maronite) 9.00am in the Church
Tuesday 7.30-8.30pm Prayer Group
01903 742150 storrington@chemin-neuf.org

Masses at the Convent of Poor Clares, Crossbush
Monday - Saturday: 8.30am (not Tue 9th June); Sunday: 6.00pm

Finance
If you have any questions about setting up standing orders or Gift Aid, please contact Martin Hall on ga.arundel@abdiocese.org.uk
Martin can help with queries in both Arundel & Storrington.

Masses from the Cathedral are livestreamed and are available via the Cathedral website