



**The Catholic Community of
Arundel & Storrington
3rd Sunday of Easter, Year A
19th April 2026**



Contact us	<p>Priest: Fr Stephen Dingley Deacons: Rev Roger Stone roger.stone@abdiocese.org.uk; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk www.arundelcathedral.uk and Our Lady Of England</p> <p>Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Caroline Phillips—07503 387409 sg1.arundel@abdiocese.org.uk Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk</p>								
Our Churches	<p>The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ</p>								
Live Stream	<p>Masses from the Cathedral are livestreamed and are available via the Cathedral website www.arundelcathedral.uk or https://www.churchservices.tv/arundel</p>								
Catholic Schools	<table border="0"> <tr> <td>St Philip’s Catholic Primary School</td> <td>London Road, Arundel, West Sussex BN18 9BA</td> </tr> <tr> <td>01903 882115</td> <td>office@st-philips.w-sussex.sch.uk Headteacher: Mrs Thérèse Pullan</td> </tr> <tr> <td>St Philip Howard Catholic School</td> <td>Elm Grove South, Barnham, West Sussex PO22 0EN</td> </tr> <tr> <td>01243 552055</td> <td>office@sphcs.co.uk Headteacher: Mr Tim Hulse</td> </tr> </table>	St Philip’s Catholic Primary School	London Road, Arundel, West Sussex BN18 9BA	01903 882115	office@st-philips.w-sussex.sch.uk Headteacher: Mrs Thérèse Pullan	St Philip Howard Catholic School	Elm Grove South, Barnham, West Sussex PO22 0EN	01243 552055	office@sphcs.co.uk Headteacher: Mr Tim Hulse
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The two disciples on the road to Emmaus in today’s Gospel are not in a good place! They know the whole Christian message; they recite it easily—almost like a creed. But it’s not a creed—an “I believe”—because they don’t believe. They have lost faith in Jesus. So they are walking away: physically walking away from Jerusalem, and spiritually walking away from Jesus. It’s going to take a lot to get them out of that bad place. Fortunately Jesus has a lot to offer them.

What Jesus gives them is His Resurrection—Himself—the Mass. First of all, He listens to their story, their confession, their broken hearts. And the Mass has already begun. The people have gathered (all two of them) and the priest (Jesus) has entered. And they’ve done the I confess. Now for the Liturgy of the Word: “He interpreted to them in all the Scriptures the things concerning Himself.” Then the Offertory: “They urged Him strongly, saying ‘stay with us’”, and they offer Him hospitality—bread and wine at least. Then the Eucharistic Prayer: “He took the bread and blessed it”; and Holy Communion: “He broke it and gave it to them.”

“And their eyes were opened, and they recognised Him, and He vanished from their sight.” But notice—they were not sad, but overjoyed—because they had not just lost Jesus again. He was literally still with them in the Eucharist—as He is always literally with us in the Eucharist too.

Then, finally, the dismissal: “Go and proclaim the Gospel of the Lord,” which is exactly what they do—and, surely, what we must do too.

God bless, Fr Stephen

No changes to Masses this coming week.

Holy Hour for the Dignity of Human Life Join with our bishops and with parishes throughout England and Wales to pray a Holy Hour for the dignity of all human life as peers in the House of Lords continue to debate whether to make Assisted Suicide law. This Holy Hour has been arranged at **4.30pm** THIS Sunday afternoon to coincide with the Spring Plenary of the Bishops' Conference. Vespers and Benediction will take place in **Storrington**. All are welcome to join in uniting themselves in prayer with the Bishops.

Next Sunday, 'Good Shepherd Sunday' is a World Day of Prayer for Vocations. Please pray for our seminarians and those considering a vocation to the priesthood or religious life. There will be a **second collection** for the Education of Future Priests in our diocese (this can be Gift Aided).

Confirmation Please pray for the young people of our communities and the deanery who will be Confirmed in the Cathedral next Saturday 25th April.

Good Friday livestream—apologies to anyone who was hoping to join the Good Friday Passion via the livestream, we had a technical issue beyond our control and the camera was off during this service.

Tuesday Drop In Next meeting: Tuesday 21 April, at St Wilfrid's Priory Care Home 2 to 4pm, All welcome for tea/coffee, friendly chat, board games. Lifts available, please contact Maria on 07413 267267.

Storrington Ecumenical Prayers – 1st Tuesday of the month 9.15am – 9.45am in the Priory Library: Next meetings 5 May; 2 June; 7 July.

Parish Course on Pope Francis's encyclical Evangelii Gaudium (The Joy of the Gospel). This encyclical will be read through and discussed over six Saturday mornings at Our Lady of England, Storrington **commencing 18 April**. Sessions will be from 10-11.30 am with tea and coffee available. Evangelii Gaudium was a key mission statement of Pope Francis, and Pope Leo declared his intention to follow Francis's programme and specifically this book in his address to cardinals two days after his election. Its importance to parishes is becoming increasingly recognised. Everyone is welcome.

Arundel Ministry of Consolation Group - for those experiencing loss in any way, now or in the past. If you want to contact a member of the team you can e-mail them at: MOC@arundelcathedral.uk or call the Cathedral office.

Arundel Mothers Prayer Group meets every Tuesday at 11am in the Cashman Room at the Cathedral Centre. All welcome.

The Storrington SVP Group thank you for your kind donations of toiletries for the basket at the back of the Church at Our Lady of England. The Wholesome Warehouse have expressed their appreciation on behalf of their clients. It makes a big difference. As we head into the summer months, items like **sunscreen** would be very helpful additions if you're able to include them! We kindly ask that no unwanted or leftover prescription items are donated, for safety reasons. Again, thank you so much for your generosity and support.

Corpus Christi —The Carpet of Flowers will be laid week commencing 1st June and open to the public on Wednesday 3rd and Thursday 4th, with Mass at 5.30pm on 4th June followed by the procession to the Castle for Benediction and back to the Cathedral (weather permitting!). Work takes place all week and we could always use more help, particularly with stewarding during the open days (Wed: 9.30am—7pm & Thu: 9.30am—after the Mass and Procession). Contact arundel@abdiocese.org.uk or call 01903 882297 letting us know what days/times you might be able to offer. Thanks so much.



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

There are SVP Groups in Arundel and Storrington who meet regularly and can offer help and support. If you, or someone you know, would like a friendly visit or help in any way or you would like to know more, please contact the parish office.

East Sussex Community Choir FREE concert **THIS** Saturday 18 April at 3pm to 4pm in Arundel Cathedral. Mozart Requiem (excerpts); choral pieces by Fauré, Purcell and others. Come and enjoy an hour of glorious music from this 60-strong Lewes-based choir. Everyone welcome.

The Friends of St Philip's Catholic Primary School are hosting a fun quiz night next Friday 24 April at 7pm at the school. Teams of up to 6, come with a group or we'll match you with one. All proceeds support school projects and activities that enrich our children's experience. Get your tickets here: <https://friendsofstphilips.com/products/quiz-night>

Grandparents' Formation day – Thursday 23 April 10-4pm at St John the Evangelist parish hall, Horsham Join us for what promises to be a wonderful, engaging and affirming day with guest speaker, David Wells. You will be able to listen to the inspirational experience of David Wells as evangelist, father and grandfather. A chance to meet with people from across the grandparent network of the diocese and those who are keen to bring the faith to the next generation. More details on David's talks on our faith at W: [Unleash the power within yourself | David Wells Live](#) To register, go to the Events page of the Diocesan website W: [Events | Our Diocese](#) If you have any questions about the day please contact Deacon Simon South, Diocesan Marriage & Family Life Adviser E: simon.south@abdiocese.org.uk

Mental Health Awareness training – Saturday 9 May 2026 10-3pm at the St Philip Howard Centre, Crawley - Tickets are just £40 per delegate (usual price £120)

One of the challenges that we are experiencing in our modern world is the growing number of people, of all ages, experiencing the darkness and challenge of various mental health conditions. Thanks to the support of Mental Health England, we are able to offer this training, to explore the realities, symptoms and impact of living with these many debilitating conditions. Thanks to the support of the trainer, we are able to highly subsidise the event. To register go to the Events page of the Diocesan website W: [Events | Our Diocese](#) If you have any questions about this course, do not hesitate to contact Deacon Simon South, Marriage & Family Life Adviser at E: simon.south@abdiocese.org.uk

House of Prayer, East Molesey for retreat opportunities this spring see: [Programme | Retreats and Events at the House of Prayer – The House of Prayer](#)

Confident parenting in a world of screens' webinar - 29 April, 8pm. Hardly a day goes by without headlines highlighting the impact of smartphones and social media on our teenagers. They face a whole new level of complexity as they grow up in a digital world, but as parents and carers there are so many things we can do to help them navigate it well. CELEBRATE Trust has invited a speaker from *Care for the Family*, a national UK charity, to share how we can best support our teenagers through the challenges of the digital world, and offer practical advice and principles to apply in our own unique families. This is the first of 2 webinars for parents and carers of teenagers. The second webinar will be on 'Raising teenagers in a Catholic Family' with the *Messy Family Project*, a Catholic family ministry from the US on 2 June 2026, 8pm. To book on, go to [Faith Parenting – CELEBRATE Trust](#)

Interested in training and volunteering as a Relationship Counsellor? Marriage Care is a Catholic organisation specialising in relationship support and we are currently looking for those who are empathetic, understanding and have an enthusiasm for supporting adult relationships, to train on our Certificate in Relationship Counselling (CRC) and volunteer with us. This is a great opportunity to make a real difference to couples and families. *Please note that there are costs associated with training on our CRC. These costs are far lower than with alternative training providers. In line with our ethos as a charity, no one is excluded on the basis of their ability to pay.* To find out more please visit: [Relationship Counselling | Marriage Preparation | Marriage Care](#) or email: volunteer@marriagecare.org.uk

Vocations Weekend for Women (20s and 30s) - Discerning God's Call in your life 15th - 17th May, Liverpool, organised by the Sisters, Faithful Companions of Jesus (FCJ). If you are wondering if God is calling you to religious life and would like to find out more why not come along? For more information contact Sr Lynne fcj at fcjvocationeurope@gmail.com or visit our website [Home - Faithful Companions of Jesus](#) To register: <https://bit.ly/Vocation2026>

HOLY MASS & OTHER SERVICES THIS WEEK		Prayers For The Sick
Saturday 18th Cathedral 5.00pm	3rd Sunday of Easter People of the Parish	Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.
Sunday 19th Storrington 9.00am Cathedral 11.00am Storrington 4.30pm	Teresa Kent-Hayes RIP Leslie William Strudwick RIP Vespers and Benediction (Holy Hour for Life)	Sacrament of the Sick Please contact Fr Stephen Tel 01903 882297 Other local parishes: Petworth: 01798 342169 Bognor: 01243 823619
Monday 20th Cathedral 10.00am	Mrs Frances Kelly RIP	 Requiem in Aeternum Your prayers are asked for all those who have died recently.
Tuesday 21st Storrington 10.00am	Mem: St Anselm, Bishop, Doctor People of the Parish	
Wednesday 22nd Cathedral 10.00am	The Sprankling Family	Coffee & Tea After 9.00am Mass at Storrington After 11.00am Mass at Arundel
Thursday 23rd Storrington 10.00am Storrington 10.30am	Solemnity: St George, Martyr Rory Cass RIP Confessions and Adoration to 11.30am	Liturgy of the Word with Children Resumes weekly at 9am Mass in Storrington from next week. At Arundel this will take place at 5.00pm Mass twice a month as follows: April 25 th , 16 th & 30 th May
Friday 24th Cathedral 9.15am Cathedral 10.00am	Adoration Catherine Botes-Russell RIP	
Saturday 25th Cathedral 10.00am Cathedral 10.30am Cathedral 2.00pm Cathedral 5.00pm	Feast: St Mark, Evangelist For Robin, Emma, Freya & Henry Confessions and Adoration Cathedral Deanery Confirmation Mass 4th 'Good Shepherd' Sunday of Easter For the wellbeing of Christie Moore	 Music at Mass 9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church.
Sunday 26th Storrington 9.00am Cathedral 11.00am	Mary Kalaher RIP People of the Parish	Rosary Wednesdays 7.00pm - Storrington Mondays after 10am Mass - Arundel First Saturday of the month 9.15am - Arundel
Chemin Neuf at Our Lady of England, Storrington Mon - Frid: Adoration 6pm-6:30pm in Church Mon, Wed & Fri Mass (Maronite) 9.00am in the Church Tuesday 7.30-8.30pm Prayer Group 01903 742150 storrington@chemin-neuf.org		Finance If you have any questions about setting up standing orders or Gift Aid, please contact Martin Hall on ga.arundel@abdiocese.org.uk Martin can help with queries in both Arundel & Storrington.
Masses at the Convent of Poor Clares, Crossbush Monday - Saturday: 8.30am; Sunday: 6.00pm		

Masses from the Cathedral are livestreamed and are available via the Cathedral website