



# The Catholic Community of Arundel & Storrington

## 6th Sunday in Ordinary Time, Year A 15th February 2026



### Contact us

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### Our Churches

The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY  
Our Lady of England, School Lane, Storrington, RH20 4LN  
Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ

### Live Stream

Masses from the Cathedral are livestreamed and are available via the Cathedral website  
[www.arundelcathedral.uk](http://www.arundelcathedral.uk) or <https://www.churchservices.tv/arundel>

### Catholic Schools

St Philip's Catholic Primary School 01903 882115	<a href="mailto:office@st-philips.w-sussex.sch.uk">office@st-philips.w-sussex.sch.uk</a>	London Road, Arundel, West Sussex BN18 9BA Headteacher: Mrs Thérèse Pullan
St Philip Howard Catholic School 01243 552055	<a href="mailto:office@sphcs.co.uk">office@sphcs.co.uk</a>	Elm Grove South, Barnham, West Sussex PO22 0EN Headteacher: Mr Tim Hulse

Lent is coming up—fast! (Pun very much intended, sorry!) This Wednesday is Ash Wednesday, so just three days to go.

Before the liturgical calendar was revised in the 1960s the three Sundays before Lent were known as Septuagesima, Sexagesima and Quinquagesima—meaning the 70th, 60th and 50th day before the Easter Triduum—bad maths, but a good reminder of what was coming up. The first Sunday of Lent itself was Quadragesima—the 40th day before the Triduum (and the maths works for that one). However, with the current calendar Lent can sneak up on us unobserved, which is a pity because we may not have made any plans for getting closer to Jesus in this season.

Jesus Himself gives us the recipe: prayer, fasting and almsgiving (Matt 6:1-18). And He doesn't make it an option. He doesn't say, "If you fast ..." etc.; He says, "When you fast ...". He's our Lord and God. He knows what He's talking about. He loves us, and He longs for us to be even closer to Him. So let's take a bit of time out in the next few days to pray about Lent and make a plan. Two tips: (1) it's always best to choose something relatively small, humble and realistic—and stick to it—rather than aiming for the stars, and crashing out on day two; (2) never give up, even if you fail often—Jesus will never give up on you.

*God bless, Fr Stephen*

**Changes to Masses this coming week:** This **Wednesday** is Ash Wednesday, marking the beginning of Lent. Masses will be at 10am in Arundel and 7.30pm in Storrington. On **Thursday**, the Chapter of Canons are meeting for Mass in Arundel at 11am. No Mass in Storrington on Thursday. **Saturday 21st February** morning Mass moves to the earlier time of 9am followed by confessions at 9.30am due to the Rite of Election Service at 11am.

## LENT

### Opportunities for prayer, fasting and almsgiving.

**CAFOD Lent Appeal – Family Fast Day 27<sup>th</sup> February** This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Collect a CAFOD envelope next weekend, donate online at [Give by virtual envelope](#) or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10 or bring your donation on **Sat 28<sup>th</sup> Feb/Sun 1<sup>st</sup> March** for the second collection.

**HCPT Group 154** writes: We are a volunteer-led pilgrimage group from across our Deanery and Diocese. This coming Easter week, we are privileged to be accompanying six students from St. Philip Howard Catholic Secondary School with additional needs on their pilgrimage to Lourdes. It is a unique opportunity for these young people to experience the joy of the Gospel and the message of St. Bernadette in a supportive, vibrant environment. To ensure this life-changing experience is accessible to all, we do not ask the children's families for any financial contribution and we cover the costs for our accompanying nurse and provide subsidies for our University student helpers. Because of this commitment, our group needs to raise approximately £20,000. There will be an appeal and collection on **7/8 March**, please be as generous as you can with your donations and prayers for this endeavour.

**Stations of the Cross** will take place in Arundel on a Friday at 7pm alternating between the Cathedral and St Nicholas' Church. The first Friday of Lent—20th February will be in the Cathedral. In Storrington this will take place after 10am Mass on a Tuesday.

**Ecumenical Lent Groups - Christians in Storrington Shared Lent Course** Meeting every Saturday from 28th February 9.00am (Croissant and Coffee) 9.30am - 10.45am (Course) to Saturday 28th March at The Priory Hall, Storrington. Our shared commitment to *keeping a good Lent together* as Christians in Storrington, will be based on the contemporary spiritual Christian classic **God on Mute** by Pete Greig. The sessions will address deep questions about suffering, doubt, and finding God's presence amidst pain, providing biblical insight and comfort for any feeling distant from God. More details and to register text Jonathan 07538 011579 or email [fri.stmary@gmail.com](mailto:fri.stmary@gmail.com) **All are welcome.**

**Lectio Divina at the Poor Clares Convent, Crossbush** will take place every Monday for Lent 3-4pm, beginning just before Lent on Monday 16<sup>th</sup> February. All are welcome.

**New family resources for Lent** The CELEBRATE Trust have just produced a new [Lent Family Pack - CELEBRATE@Home — CELEBRATE Trust](#) which includes creative ways to help families grow close to God during this season. There is also a game for children to download [Lent Game - CELEBRATE@Home — CELEBRATE Trust](#) which encourages children to focus on prayer, fasting and almsgiving, in fun and interactive ways this Lent.

**Join Young Adults in Chichester for Prayer and Fellowship:** 24 hours of adoration this March. Young adults aged 18–30 are warmly invited to join us on Friday 13 March until Saturday 14 March, with the option to stay overnight in the parish. The 24 hours will include Mass on Friday evening and Saturday morning, Stations of the Cross as well as time for food and fellowship. Register here [24 Hours of Adoration in Chichester - Friday 13th & Saturday 14th March 2026](#) Full practical details will be shared with those who register. If you have any questions please get in touch with Olivia: [olali.darby@gmail.com](mailto:olali.darby@gmail.com)



**Please pray for** Gerladine Hennon (Arundel) who died last weekend. Her Requiem will take place at the Cathedral on Wednesday 11th March at 12.30pm.

**Diocesan Lourdes Pilgrimage** Applications are now open, see [Lourdes Pilgrimage](#) for more information and to apply.

**Arundel Ministry of Consolation Group** - for those experiencing loss in any way, now or in the past. If you want to contact a member of the team you can e-mail them at: [MOC@arundelcathedral.uk](mailto:MOC@arundelcathedral.uk) or call the Cathedral office.

**Tuesday Drop In** Next meetings: Tuesday 17 February in the Lower Hall at the Cathedral Centre, 2 - 4pm, All welcome for tea/coffee, friendly chat, board games. Lifts available, call Maria on 07413 267267.

**Love in a Box** are no longer going to continue to take shoeboxes out to Eastern Europe as costs have become too high. You can read more at [Mustard Seed Relief Mission](#). Thank you to all who have supported this charity over so many years.

**The Friends of Arundel Cathedral** invite you to a talk by Adrian Waddingham on Pope Adrian IV, the only English Pope. At the Cathedral Centre on Saturday 14th March at 3pm followed by refreshments. Friends members: £10; Non-members: £15. Tickets will be available at the door by cash/credit/debit card or purchase ahead at: [Buy tickets – Friends Of Arundel Cathedral](#) or contact the Administrator on [aruncathfriends@btconnect.com](mailto:aruncathfriends@btconnect.com) or 01903 884567

**Reclaiming Humanity: Attention & Love in a Fragmented World** Sunday 22 March · 1:30–4:15pm at The Fitzherbert Hub, St John the Baptist Church, BN2 1AP. An afternoon Exploring Catholic Social Teaching with **Fr Toby Lees OP** a Dominican priest, moral theologian, and Priest Director of Radio Maria England. All are welcome to join early for a shared lunch at 12:45pm (please bring a packed lunch or a dish to share). No booking required. Donation only. Tea, coffee, and cake provided.

More info: [joanna.gilbert@abdiocese.org.uk](mailto:joanna.gilbert@abdiocese.org.uk)

**New Parishioners** Are you new to the parish? Have you filled in a form to let us know you're here? The form for both Arundel and Storrington is here: [Register With The Parish – Arundel Cathedral](#) Maybe you've been with us a while but haven't sign up to the database? Contact the parish office or register on the link above.

You are invited to join in the **World Day of Prayer Service** at St Mary's Church Sullington on Friday 6<sup>th</sup> March at 2.00pm. The programme has been prepared by the World Day of Prayer Committee of Nigeria with the theme: "I will give you rest, come.". All are most welcome.

**Food Collection** There is a box at the back of the Cathedral for food donations, which most recently have been given to Stonepillow, a local charity supporting people with housing difficulties. You can see what they need most at: [Donate Food - Stonepillow](#) Thank you for your continued generosity.

Arundel and Storrington Offertory Summary		
	January 2026	Special Collection in January
Standing Orders (Gift Aid)	£6,327	Crib Collection
Envelopes and card transactions (Gift Aid)	£3,387	Catholic Children's Society £696.13.
Cash	£1,948	
<b>Total</b>	<b>£11,662</b>	Thank you all for your continuing generosity.
Monthly Offertory Budget	£9,000	

