

The Catholic Community of Arundel & Storrington



6th October 2024

Contact us	<p>Priest: Fr Stephen Dingley Deacons: Rev Roger Stone; Rev David Clifton (Retired) Secretary: Louise Sharp Cathedral House, Parsons Hill, Arundel, BN18 9AY 01903 882297 arundel@abdiocese.org.uk arundelcathedral.uk/ and ourladyofengland.parishportal.net/</p> <p>Safeguarding Rep (Storrington): Theresa Byrne - 01903 744790 Safeguarding Rep (Arundel): Awaiting appointment Diocesan Safeguarding Office: 01293 651148, safeguarding@abdiocese.org.uk</p>												
Our Churches	<p>The Cathedral Church of Our Lady and St Philip Howard, London Road, Arundel, BN18 9AY Our Lady of England, School Lane, Storrington, RH20 4LN Convent of Poor Clares, Crossbush, Arundel, BN18 9PJ</p>												
Live Stream	<p>Masses from the Cathedral are livestreamed and are available via the Cathedral website https://arundelcathedral.uk/ or https://www.churchservices.tv/arundel</p>												
Catholic Schools	<table border="0"> <tr> <td>St Philip's Catholic Primary School</td> <td>London Road, Arundel, West Sussex BN18 9BA</td> <td></td> </tr> <tr> <td>01903 882115</td> <td>office@st-philips.w-sussex.sch.uk</td> <td>Headteacher: Mrs Lucy Horne</td> </tr> <tr> <td>St Philip Howard Catholic School</td> <td>Elm Grove South, Barnham, West Sussex PO22 0EN</td> <td></td> </tr> <tr> <td>01243 552055</td> <td>office@sphcs.co.uk</td> <td>Headteacher: Mr Tim Hulse</td> </tr> </table>	St Philip's Catholic Primary School	London Road, Arundel, West Sussex BN18 9BA		01903 882115	office@st-philips.w-sussex.sch.uk	Headteacher: Mrs Lucy Horne	St Philip Howard Catholic School	Elm Grove South, Barnham, West Sussex PO22 0EN		01243 552055	office@sphcs.co.uk	Headteacher: Mr Tim Hulse
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A virtue we don't often speak about is chastity. And that's a pity, because it's an important virtue. It's tempting to say it's counter-cultural—but I don't think that's true. Our society is only too aware of the devastating harmfulness of abuse of all sorts. The #MeToo movement has rightly caught public attention. Everyone knows about the painfulness of family breakdown. Everyone knows it's wrong to cheat on your husband or wife—or your boyfriend or girlfriend. So I think our society cares deeply about chastity. And that's something we as Christians should build on. The fact that Jesus stands for marital fidelity—with exactly equal standards for men and women—and condemns lustful looks as “adultery in the heart” (Matt 5:28) makes Jesus very relevant today.

However, where it touches people's personal lives, they can think quite differently. It's so easy to slip into a mentality of “it doesn't hurt anybody”. But all big sins begin with little sins. Unchastity hurts us; it damages us and coarsens us. It can also be an area where people put up a barrier to God. God can teach about lots of things ... but He's not really welcome in that part of my life.

But if we do open ourselves to the Lord's guidance in this area of our lives, and bring it to His gentle and encouraging sacrament of Reconciliation when we need to, there is wonderful peace and happiness to be found, growth in authentic self-esteem and personal holiness—and love of the Lord.

God bless, Fr Stephen

Changes to Mass times this week: On Tuesday in Storrington there will be a Requiem Mass at 12 noon in place of the 10am Mass. On Saturday 12th in the Cathedral Mass will be at 9.30am.

This weekend 5/6 October second collection for CAFOD Harvest Fast Day.

The Holy Father has called for prayer and fasting for peace in the world on Monday 7th October, the Memorial of Our Lady of the Rosary. Also, Bishop Richard writes: During the month of October, I ask that whenever the Rosary is prayed publicly, please offer one decade for Peace and one decade for the work of the Synod and the same in private recitation of the Rosary. *Our rosary group meet on Monday after 10am Mass, all are welcome.*

Next weekend 12/13 October is Prisoners' Sunday. We will remember prisoners and their families at Mass and Bishop Richard will speak on Sunday at the Cathedral to share with us what life is like for prisoners and their families in our communities and about the work of Pact, the national Catholic prison charity. There will be a second collection to support Pact's important work in the year ahead.

Fr Ron Robinson RIP Please pray for Fr Ron who died this week and for Barbara and all of the family. His body will be received into the Cathedral on Monday 14th October at 4pm and the Requiem will follow on Tuesday 15th at 11.30am.

Keith Hamson RIP (Storrington) Please pray for Keith who died recently and for Jo and all the family. His Requiem Mass will take place on Tuesday 8th October, at 12 noon at Our Lady of England, Storrington.

Are you interested in becoming a Catholic, or just exploring what this entails? If so, please speak to Fr Stephen, Deacon Roger or e-mail the parish office. We will soon be beginning a course for discernment and a journey in faith with a view to possibly becoming a full member of the Catholic Church. No commitment is required to begin this - only a desire to discover a little more about Jesus and the Catholic faith.

Supplementary Information Form: If you would like Fr Stephen to sign a form for your child he will be available in the Cathedral Sacristy (come into the Cathedral and follow the signs) this week on Tues 8th Oct 2pm – 4pm. If you cannot make that date, you will need to make a separate appointment with Fr Stephen.

First Reconciliation & First Communion Application Forms for 2025 are now available at the back of the Cathedral and in the porch at Storrington. Parents of children in school year 3 or above who wish to begin receiving Holy communion in 2025 should complete a form and return it to the parish office as soon as possible. Meetings are scheduled to begin in January on Thursday afternoons. If you have any questions, please contact the Cathedral Office on arundel@abdiocese.org.uk or 01903 882297.

Arundel Ministry of Consolation Group will meet for coffee monthly on a **Wednesday**. Dates for the next meetings are: October 9th; November 13th; December 11th. Meetings are preceded by 10am Mass or prayers. All are welcome. If you need to talk to someone from the group at any time please make contact through the Cathedral Office.

2025 Diaries are now in the shop at £5.00 each.

Know your faith This course began in Storrington recently and the group will meet again on Saturday 12th October at 10.30am in the sacristy at Our Lady of England. The discussion will be around 'Why does God allow suffering?'. All are welcome.

Parish Proclaimer New articles of a faith, personal or news nature from anyone in Arundel or Storrington still welcome. Copy date Thursday 31st October. If you could contribute a paragraph or two, please do get in touch with Melinda – Melindaheathcote1@outlook.com



There are SVP Groups in Arundel and Storrington who meet regularly. If you would like to know more, please contact the parish office.

Turning Tides our local homeless charity is in need of goods. A box is kept at the back of the **Cathedral** all the time and another at the back of the church in **Storrington** (until 13th October) for your donations for those who are in need, with a list attached of items needed at the moment. (or see: [Harvest-food-Appeal-2024-2-1.jpg \(1414x2000\) \(turning-tides.org.uk\)](#) Please do not leave fresh food. Please also ensure that donations are within their use by date and unopened.

Love in a Box We are planning to do the Shoebox Appeal again this Christmas—fill shoe boxes with gifts for the children who would otherwise not receive a Christmas present. Save your shoeboxes, leaflets will be available in Arundel and Storrington later in the autumn.

Two-Child Benefit Cap The Catholic Bishops' Conference of England and Wales has renewed its call for the government to scrap the two-child benefit cap on Universal Credit payments and is asking Catholics to contact their local MPs to make their feelings known. The policy is currently under review by the Government's Child Poverty Taskforce and the Bishops' Conference has set up an [e-Action online](#) – a simple form to help Catholics contact their MPs. See [Bishops' Conference calls for Catholics to help abolish two-child benefit cap - Catholic Bishops' Conference \(cbcew.org.uk\)](#)

Day of Reflection on the Feast day of St. Philip Howard 19th October 2024. The Catenians have organised a day of reflection commencing with Mass at 10am and prayers at the shrine followed by time for reflection led by Canon Tim Madeley in the Cathedral Centre. The day ends with Adoration and Benediction at the Castle Chapel ending at 4pm. Bring a packed lunch, cost to cover expenses £10. Any surplus monies to be donated to Aid to the Church in Need. All are welcome but numbers are restricted, book your place emailing Adrian Gilbert: adrian-gilbert@sky.com

Come and help us celebrate the 50th Anniversary of the Pilgrimage in our Diocese - Entry is free – Saturday 26 October 2pm to 3.45pm at Worth Abbey This is an opportunity to raise your voice to sing some Lourdes favourites alongside other Pilgrims from across the 50 years. There will be a raffle, refreshments and sales stalls. Donations to the Pilgrimage welcome on the day. Please use the following link for further details and to let us know you are coming along: [Lourdes Pilgrimage Anniversary Big Sing](#)

The House of Prayer, East Molesey have some wonderful opportunities to pause, pray and reflect this Autumn. See <https://www.christian-retreat.org/our-programme> for details.

Black History Month 1st to 31st October is an annual observance dedicated to recognising and celebrating the contributions, history, culture and achievements of people of African descent. When you look at the prayer cards and icons for sale in our parish shops and kiosks, you could be forgiven for thinking that all our saints are white Europeans. This, of course, only reveals a segment of the bigger picture, and there are many black saints in the Catholic Church who have inspired the faithful in their devotions. See the Bishops' Conference website where we celebrate just a few of these men and women – some already canonised, others on the path to sainthood as Venerable or Blessed. [Black History Month - Catholic Bishops' Conference \(cbcew.org.uk\)](#)

St Philip's Catholic Primary School are excited to be opening our doors to the public for the "It's A Wonderful Christmas!" Craft Fair on 30th November 2024 10am – 4pm. If you are looking for your festive fix, need to get presents or just fancy treating yourself, then come along and visit over 35 artists' and makers' stalls from across Sussex, Surrey and Hampshire. Fun for all the family, including face painting, children's glass painting, wreath making and of course Santa's Grotto, which has been kindly sponsored by Angelica Care in Storrington. Visit our online platforms to find out more.

Teaching Are you, a relative or family friend just starting your career or thinking of making a career change? Are you looking for a secure, rewarding, and life-giving profession? Join us on Wednesday 16th October at St Philip Howard Catholic School, Barnham PO22 0EN 10am-11.30am. Speak to our Director of Teacher Training about different routes into teaching. Have a tour of the school, meeting current and past trainees. Email your interest to tcashman@sphcs.co.uk

Chemin Neuf Quiet Day at Storrington Priory RH20 4LN on Thursday 10th October 10am-4pm. A talk, guided prayer and simple lunch. Enquiries or Registration : storrington@chemin-neuf.org


HOLY MASS	
Saturday 5th Cathedral 5.00pm	27th Sunday, Year B People of the Parish
Sunday 6th Storrington 9.00am Cathedral 10.45am	Elizabeth Underwood RIP Agnes Breen RIP
Monday 7th Cathedral 10.00am	Our Lady of the Rosary For the people of Venezuela
Tuesday 8th Storrington 12 noon	Requiem Mass of Keith Hamson RIP
Wednesday 9th Cathedral 10.00am	St John Henry Newman For the families of Martin & Kim Skelly
Thursday 10th Storrington 10.00am	Christopher & Jack Gore RIP
Friday 11th Cathedral 10.00am	In thanksgiving
Saturday 12th Cathedral 9.30am Cathedral 11.30am Cathedral 5.00pm	St Wilfrid, 2ndry Patron of the Diocese Bettie Hale RIP and all deceased family and those not prayer for Diocesan Marriage Anniversaries Mass 28th Sunday, Year B Glenys Margarita Strudwick RIP
Sunday 13th Storrington 9.00am Cathedral 10.45am	People of the Parish Celebrant's Intention

Sacrament of Reconciliation
Saturdays 10.30am - Arundel
Thursdays 10.30am - Storrington

Prayers For The Sick
Your prayers are asked for all who are unwell at this time, those at home, in hospital, hospices and in care homes.


Sacrament of the Sick
Please contact Fr Stephen
Tel 01903 882297

Other local parishes:
Petworth: 01798 342169
Bognor: 01243 823619
Chichester 01243 782343

 **Requiem in Aeternum**
Your prayers are asked for all those who have died recently.

Liturgy of the Word with Children
Takes place weekly at 9am Mass in Storrington.
At Arundel this will take place at **5.00pm Mass** once a month as follows:
12 Oct; 9 Nov; 14 Dec.
All are welcome at either place.

Coffee & Tea
After 9.00am Mass at Storrington
After 10.45am Mass at Arundel

 **Music at Mass**
9.00am Mass Music Group at Storrington—all welcome to rehearsals on Wednesday evenings at 8.00pm in the church

Rosary
Wednesdays 7.00pm - Storrington
Mondays after 10am Mass - Arundel
First Saturday of the month 9.15am - Arundel
Adoration
Thursdays 10.30—11.30am - Storrington
Fridays 9.15—9.55am - Arundel
Saturdays 10.30—11.00am - Arundel

Chemin Neuf at Our Lady of England, Storrington
Monday - Friday: Adoration 6pm-6:30pm in the Church
Mon, Wed, Fri & Sat Mass (Maronite) 9.00am in the Church
Tuesday 7.30-8.30pm Prayer Group
01903 742150 storrington@chemin-neuf.org

Masses at the Convent of Poor Clares, Crossbush
Monday - Saturday: 8.30am; Sunday: 6.00pm

Masses from the Cathedral are livestreamed and are available via the Cathedral website
www.arundelcathedral.uk or <https://www.churchservices.tv/arundel>