



*Invited*  
LENT 2021

# MOVING FORWARD IN MISSION

*Welcome to our Season One booklet,*

The first season of Invited brought people across our Diocese together, while exploring God's great love for us and journeying in faith with one another saw many friendships formed. The mission doesn't end there, and our Formation Team look forward to meeting many of you again online or in person over the coming months.

This booklet highlights the many ways you can get involved in the Church both locally and across our Diocese. We hope that you will be engaged and inspired by the wide range of opportunities available, continuing our shared work and mission. Contact details are provided with each entry and we welcome people getting in touch, even if it's just to find out more!

*The Diocesan Formation Team*

## WHAT HAPPENS NEXT?

**Season One was just the beginning, we will be exploring God's invitation to enter into relationship with Him and what that means for our lives over the next five years – until the 60th anniversary of our Diocese in 2025. It will be a wonderful journey of discovery that helps us to know more deeply who we are in the eyes of God and to live authentically as His beloved.**

COMING UP:

<b>Autumn 2021:</b>	A Deeper Dive, a series of online talks based on the themes of Season One
<b>2022:</b>	Eastertide
<b>2023:</b>	Advent into Christmas
<b>2024:</b>	Lent
<b>2025:</b>	Eastertide towards a Pentecost Celebration

New material will be added to our website **[click here >>>](#)** with the opportunity for our Invited family to keep in touch with us via email:

**E: [invited@abdiocese.org.uk](mailto:invited@abdiocese.org.uk)**

*We look forward to journeying with you – YOU are Invited*

# EDUCATION, FAMILIES, AND YOUTH MINISTRY

## The Catholic Certificate in Religious Studies (CCRS) is an engaging and effective way to learn about our faith

The CCRS is a fantastic way to deepen and expand your understanding of the Catholic faith. The course aims to ensure that participants have a comprehensive knowledge and understanding of the beliefs of the Catholic Church and is a valuable qualification for people involved in (or hoping to be involved) Religious Education in schools, Parish Catechesis and other ministries in the Church, or those wishing to develop their personal understanding of the Catholic faith.

The CCRS has been structured to be affordable and accessible and takes place at The St Philip Howard in Crawley on Saturdays. It includes some online content and is made up of eight modules: six core and two specialist modules. Each module requires ten hours of Course time and an assignment. More information about the course can be found [here >>>](#)

The next intake will begin studying in September 2021, to register your place: **E: [ruth.gerun@abdiocese.org.uk](mailto:ruth.gerun@abdiocese.org.uk)**



## Could you serve our schools by being a Foundation Governor?

*'Foundation Governors do not need to be education experts. The most effective governors listen, think and ask questions. There is no magic formula about what makes a perfect Foundation Governor, they come from all walks of life and all ages.'*

Foundation Governors play a very important part in the life of our Catholic Schools; the role is diverse, rewarding, challenging and fulfilling allowing post holders to share their time, skills and talents within a school setting.

The ministry of Foundation Governor is an important one, because the Catholic character of our schools depends on committed Catholics being willing to undertake this service. The Bishop is very appreciative of all those who offer to assist him in this vital task - you will be encouraged to attend training sessions and will be fully supported in your role.

You can find information about becoming a Foundation Governor on our website [click here >>>](#)

## Could you support families in your parish?

*'Parents are the first and foremost educators of their children in faith'*

Our Formation Team provide support for parents and carers so that they can navigate the sacramental path with their children in confidence. Could you support families as they prepare for Baptism, First Communion and Confirmation? To find out more contact our Marriage and Family Life Adviser: **E: [katherine.bergin@abdiocese.org.uk](mailto:katherine.bergin@abdiocese.org.uk)** or **T: 01293 651152**



## Family Days & Parenting

We have held several successful family days in the past, these wonderful days highlight the joy that is to be found in being together as Church and, as we come out of lockdown, there is hope we might repeat them. Details of future Family Days will be uploaded to our website [click here >>>](#)

We offer a variety of parenting courses to parishes. They are easy to facilitate using pre-prepared materials - all that is needed is enthusiasm (and a cup of tea). Contact our Marriage and Family Life Adviser to find out more;

**E: [katherine.bergin@abdiocese.org.uk](mailto:katherine.bergin@abdiocese.org.uk) or T: 01293 651152**



## Are you interested in joining an online faith community for families?

The Diocese supports the 'Colour and Shape' network, a supportive online community designed to support families on the adventure of faith. Colour and Shape also produces a weekly video called 'Connect Sunday' which is a guided family prayer time based around the Sunday Gospel.

For more details visit their website [click here >>>](#) or find them on Facebook [Colour & Shape | Facebook](#)



## Join our Youth Ministry Mental Health Awareness Talks

Life's pressures can be very overwhelming for young people, even without the challenges of the present pandemic. Our Youth Adviser will be hosting a series of Mental Health Awareness talks for people who work or volunteer with children and young people with the possibility, if demand is high enough, for Mental Health First Aid Training (at an additional cost) for those who feel that this would benefit their role.

To sign up or find out more contact:

**E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) or T: 01293 651158**



## Join our Youth Ministry Book Club

There are huge range of good books available exploring how to engage young people in faith, and we want to share them with you! Our Book Club, aimed at adults working in Youth Ministry, will begin online soon with the first book on our reading list 'The Art of Forming Young Disciples' by Everett Fritz.

To sign up or find out more contact our Youth Adviser;

**E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) or  
T: 01293 651158**



## Engaging Young People with the Church – a holistic approach

The Church can seem irrelevant to many young people, however, if we can show them the love of Christ in a context that they understand, we can walk with them as they discover His love and a desire to be close to Him in the Mass and the Sacraments.

We can accompany young people in a range of ways including hosting parish homework clubs or providing lunches to families who are struggling financially during the school holidays. Our Youth Adviser can work with parishes and deaneries to explore what they can action to make these possibilities a reality. Join an online meeting with our Adviser to find out more:

**E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) or T: 01293 651158**



## Do you run a youth group, help with Altar Servers, or minister to young people? Join our Deanery Network!

Deanery Networks bring Confirmation Catechists from each Deanery together, sharing best practice and providing support in this time of uncertainty. Working together, we aim to create opportunities for young people, drawing on each other's skills and experience to encounter Christ and running retreats in deanery teams.

As Deanery networks become more established, we will create a pathway of formation for young people so that they are accompanied from First Holy Communion, through Confirmation and beyond. If you work with young people in your parish and would like to get involved, contact our Youth Advisor:

**E: [lizzie.wakeling@abdiocese.org.uk](mailto:lizzie.wakeling@abdiocese.org.uk) or T: 01293 651158**

## COULD YOU MAKE A DIFFERENCE AT DIOCESAN EVENTS?

### Could you foster relationships with Christian Churches across our Diocese?

The Catholic Church is fully committed to Christian unity and works with the leaders of other Churches and Christian communities. Our Dialogue and Unity Adviser is actively involved in ecumenical initiatives across Surrey and Sussex and offers a range of public events at the St Philip Howard Centre in Crawley, promoting a vision of Christian Unity. We are keen to learn about local ecumenical initiatives. To share news of your project or event, or to get involved with Dialogue and Unity initiatives contact our Adviser:

**E: [catherine.martindale@abdiocese.org.uk](mailto:catherine.martindale@abdiocese.org.uk)**

You will find details of future Dialogue and Unity events on our website: [click here >>>](#)





## Join a Grandparents' Group

*'We aim to keep prayer at the heart of family life so that our grandchildren will grow up aware of the goodness of God and His love for them.'*

Our parish-based Grandparents' Groups provide an important opportunity for people to come together through prayer, learning, encouragement and friendship. We welcome everyone, including honorary grandparents who play an important role in many families' lives. Most groups meet once a month, after Mass, and begin with tea or coffee. Meetings offer an opportunity to pray, share news, plan events or days out, support one another, and reflect.

Grandparents' Groups have two large diocesan events each year, an annual pilgrimage to the shrine at West Grinstead and a formation event where we explore the skills needed to enable us to support our children and grandchildren in an enriched way - this year's formation event was a virtual tea party led by Fr Stephen Ortiger. While each of our groups is different, they have a common purpose; to enrich the lives of our grandchildren and help our families flourish in faith.

To join a Grandparents' Group or find out more contact our Marriage and Family Life Adviser; **E: [katherine.bergin@abdiocese.org.uk](mailto:katherine.bergin@abdiocese.org.uk)** or **T: 01293 651152**



## Opportunities from our Liturgy & Music Adviser

*"When we celebrate the liturgy, we are drawn into the love of God, healed and transformed. The sole purpose of all liturgies of the Church and all her sacraments is that we might have life and have it abundantly."* YouCat, 169. Cf. Catechism of the Catholic Church, 1076.

The Diocese offers a range of formation opportunities, providing training for readers, extraordinary ministers of Holy Communion, RCIA catechists, children's liturgy leaders, sacristans and musicians among others.

Are you involved in a small group? **With Hearts and Minds** is a resource for small groups, intended to help participants develop a deeper appreciation of the nature and role of the Liturgy in the life of the Christian community. Through reflection on the scriptures, the teaching of the Church and on our own experience, these can help to develop both our understanding of the Mass and a liturgical spirituality. If you think your parish would be interested in exploring these resources in small groups, please contact our Liturgy and Music Adviser:

**E: [catherine.christmas@abdiocese.org.uk](mailto:catherine.christmas@abdiocese.org.uk)** or **T: 01293 651156**

*Liturgy & Music training and formation opportunities have been temporarily paused until groups are permitted to gather again in person. You will be able to book future training and formation events on our website **[click here >>>](#)***





## THE CHERISH LIFE NETWORK

**The Diocese has an established Cherish Life Network for people interested in the defence of human life. The network recognises concerns about essential, life-sustaining care and treatment at all stages of life and aims to steer people who have those concerns towards the guidance and support they need.**

**We are engaged:** working together to counter ongoing moves to legalise assisted suicide.

**We give witness:** opposing the ongoing campaign to legalise abortion without restriction, up to birth. We campaign against this for babies and their mothers, mindful that such moves could potentially deny women the opportunity to explore alternatives and leave them vulnerable to coercion.

**We seek to help:** we recognise that women sometimes seek an abortion through a lack of practical or emotional support. We aim to assist organisations who offer such support, as well as those who provide comfort and healing after an abortion.

**We need your help** - would you like to help raise awareness of life issues, meeting and working with others to promote greater awareness and engagement? We welcome new supporters.

**E: [Tessa.Ricketts@abdiocese.org.uk](mailto:Tessa.Ricketts@abdiocese.org.uk) to be connected to our Cherish Life Network Co-ordinator.**

## USING YOUR GIFTS AND TALENTS TO ENRICH PARISH LIFE

### Could you share your joy of marriage?

People involved in Marriage and Family Life Ministry really enjoy their work, often reaping the benefits in their own marriage. There are a range of ways you can support couples undertaking the sacrament of marriage in your parish. These include:

- Sponsoring an engaged couple and accompanying them as they begin the next stage in their life.
- Training as a Catechist for engaged couples, delivering the essential training that they need before making their vows.
- Becoming a 'marriage enthusiast' and raising the profile of marriage in your parish during key dates such as Marriage Week or Valentine's Day.
- Delivering enrichment opportunities and enabling couples to explore the riches that lie within their relationship.

Could you listen in love? Sometimes marriages break down, we welcome people able to support those who might find re-entering their faith community after a relationship has ended, difficult.

To find out more about this type of ministry contact our Marriage and Family Life Adviser: **E: [katherine.bergin@abdiocese.org.uk](mailto:katherine.bergin@abdiocese.org.uk)**





# VOCATIONS TO THE PRIESTHOOD AND RELIGIOUS LIFE



To discern a vocation is to discover the person God wants you to be. The first step is to take seriously that God has called you to be a baptised person. He called you to baptism so that you can grow in love and in holiness, not only for your own sake but for the sake of others. You may be called to be a marriage partner religious sister or a priest or deacon; God calls each one of us, and in discovering his calling for our lives, we find true happiness.

To find out more about vocations to the priesthood and religious life visit our website [click here >>>](#)

If you would like to speak to someone about vocations to the priesthood contact Fr Con Foley:

**E: [con.foley@abdiocese.org.uk](mailto:con.foley@abdiocese.org.uk) or T: 01932 842643**

## JOIN OUR PILGRIMAGE TO LOURDES

Each year, we take more than 700 pilgrims to France to visit the Shrine of Our Lady of Lourdes. Our group includes 130 pilgrims who are sick, disabled, frail or elderly and need our help to make the journey.

Our pilgrimage is 'Love in Action', we journey to Lourdes to serve each other and to renew our commitment to walk with Jesus Christ with the help of Our Lady and St Bernadette. Applications open in January each year, and all are welcome to apply. To find out more please visit our website:

[click here >>>](#)





# JOIN A PARISH GROUP

## Be part of our important Ministry of Welcome!

*'Being greeted by members of my church community before Mass has made a huge difference to my sense of belonging.'*

Parishioner from St Peter's in Hove.

**Could you provide a warm welcome and important point of contact to people arriving at Mass?** Would you like to explore how the Ministry of Welcome can be developed in your church, parish group or deanery or join an existing parish team? Our Inclusion Adviser is offering Ministry of Welcome workshops to people across our Diocese, providing training to new welcomers and exploring how to meet your parish's needs and requirements. Contact our Inclusion Adviser to find out how you can get involved:

**E:** [margaret.fraher@abdiocese.org.uk](mailto:margaret.fraher@abdiocese.org.uk) or **T:** 01293 651196

Are you already a Welcomer or Steward? We will be offering A day of Reflection for Welcomers and Stewards with a Welcome Liturgy celebrating the wonderful work being done in the ministries of Welcome, Disability and Inclusion Awareness. This special day of Reflection will be advertised on our website [click here >>>](#)



## Are you passionate about our planet?

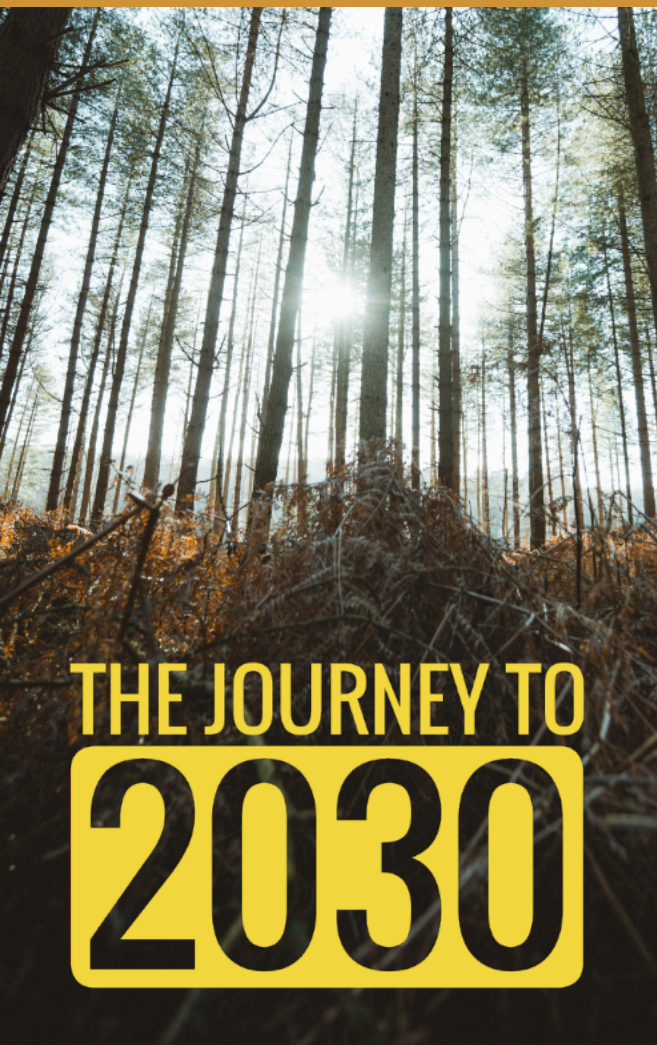
*'Being a parish rep for Journey to 2030 enables me to realise all the good actions that are already taking place within our parishes, but also challenges me to think about what more we can do as a community to look after our planet, and to build the Kingdom here on earth.'* Bethan, a Journey to 2030 Parish Rep

**Journey to 2030** is the Diocese's exciting campaign mobilising our Church to act on the ecological and social crises of our time. It is a response to Pope Francis' call for us to hear and respond to 'both the cry of the earth and the cry of the poor.' Laudato Si' 49.

Are you interested in protecting the environment? Becoming a Journey to 2030 Parish Representative is a great way to meet new people and protect and care for our common home. Journey to 2030 are looking for people of all ages to join their supportive Parish Rep network, sharing and coordinating their work and engaging parishes and communities to 'take up the call' and help to address the ecological crisis - which is where we need you.

Whether you are already working with an environment group, or completely new and would simply like to learn more, we would love to hear from you. To find out more:

**E:** [parish\\_rep@journeyto2030.org](mailto:parish_rep@journeyto2030.org) or visit the Journey to 2030 website [click here >>>](#)





## Our Parish Family Groups bring joy!

Parish Family Groups are being established across our Diocese, offering support, friendship and companionship to people of all ages and backgrounds, from older people living alone to new parents. Parish Family Groups organise a range of events: enjoying a walk together, sharing a picnic, listening to a speaker or hosting quiz evenings. You don't need to be part of a family to be part of a family group, everyone is welcome.

Contact our Marriage and Family Life Project Officer to join an existing parish family group or start a brand new one;  
**E: [simon.south@abdiocese.org.uk](mailto:simon.south@abdiocese.org.uk) or T: 01293 651155**



## Join our fight against Modern Slavery

*'Working together we can raise awareness, encouraging people to be vigilant and giving them the tools they need to report suspicious activity.'*  
David Farey, Chair of the Modern Slavery Steering Group

The diocesan Modern Slavery Steering Group aims to combat slavery wherever it is found, working toward its abolition by collaborating with other churches and external organisations to: raise awareness, assist the police and bring the perpetrators of Modern Slavery to justice.

### Could you be a Modern Slavery Awareness Ambassador?

We are establishing a network of Modern Slavery Awareness Ambassadors across our Diocese working in partnership with the charity 'Together in Sussex' and the Anglican Diocese of Chichester. This flexible, voluntary role includes free training in anti-slavery, trafficking and exploitation issues. Could you raise awareness of the crime of modern slavery in your parish and highlight our work?

For more information contact **E: [tessa.ricketts@abdiocese.org.uk](mailto:tessa.ricketts@abdiocese.org.uk)**.  
To find out more about fighting Modern Slavery visit our website **[click here >>>](#)**



## Can you help us to support our Bishop's ministry in a special way?

**The Friends of Arundel Cathedral** is keen to welcome new members to help us support the maintenance and development of our outstandingly beautiful Cathedral church, the centre and sign of Bishop Richard's ministry in our midst. From restoration of the fabric though to helping to finance events, liturgies and publications, we channel our enthusiasm into making the Cathedral still better known and loved. Our aim is to place the Cathedral at the heart of the life of the Diocese. To find out more about membership:

**E: [aruncathfriends@btconnect.com](mailto:aruncathfriends@btconnect.com)**

or visit our website **[click here >>>](#)**







## Could you provide bereavement support?

This has been a difficult year for people across our community, with many grieving the loss of a loved one. Our Bereavement Supporter Network provides trained volunteers across all our Deaneries able to accompany people who are bereaved or dying. Whether sitting and listening, praying together, celebrating the life of a loved one through a memorial Mass, or sharing a cup of tea and a moment of quiet, our Bereavement Supporters extend the hand of Christ during a time of loss and need.

Are being called to this type of Ministry? Our Marriage and Family Life Project Officer would like to hear from you:

**E: [simon.south@abdiocese.org.uk](mailto:simon.south@abdiocese.org.uk) or T: 01293 65115**

## Volunteering for CAFOD helps to change lives!

The Catholic Agency for Overseas Development (CAFOD) is an international development charity and the official aid agency for the Catholic Church in England and Wales.

Their mission is to work alongside the world's poorest people, regardless of their religion or culture. **CAFOD's global church network is one of the largest in the world**, the charity reaches millions of people, offering practical help while also campaigning for global justice so that everyone can live a full and dignified life.

**CAFOD has over 5,000 volunteers**, working in a wide range of roles, across the UK. To get involved or find out more contact Arundel and Brighton's local representative  
**E: [arundelandbrighton@cafod.org.uk](mailto:arundelandbrighton@cafod.org.uk)**

To discover more about CAFOD's work or view their latest campaigns visit their website **[click here >>>](#)**



**CAFOD**  
Catholic Agency for  
Overseas Development



## Arundel and Brighton is a Fairtrade Diocese

Half our churches are certificated as meeting the Fairtrade Foundation criteria and use products with the FAIRTRADE Mark. The A&B Fairtrade Group aims to raise awareness about Fairtrade labelled products, including those sold by Traidcraft, which support fair terms of trade, decent working conditions and local sustainability for farmers and producers in the developing world.

Fairtrade promotes better prices and local sustainability for farmers and workers in the developing world. Buying Fairtrade is easy. There are over 6,000 Fairtrade products from coffee and tea to flowers and gold - look for the FAIRTRADE Mark when you shop.

Our group welcomes new members! Email  
**[Tessa.Ricketts@abdiocese.org.uk](mailto:Tessa.Ricketts@abdiocese.org.uk)** to find out more.

The Fairtrade website is full of information and ideas:  
**[click here >>>](#)**

If you would like to know more about Traidcraft click here:  
**[click here >>>](#)**





## Fundraising helps our parishes to continue their mission of faith

Helping your church to raise money through fundraising is a wonderful way to ensure your parish can cover its running costs and continue its important mission of faith. Fundraising opportunities vary in size and scope, contact your parish priest if you would like to help with the following types of fundraising activity:

- Encouraging people to sign up to Gift Aid, if they are eligible.
- Promoting Standing Orders within your parish.
- Helping your parish priest with a Planned Giving Programme.
- Researching and/or managing Contactless Giving in your parish.
- Helping with Second Collections.
- Attending the diocesan online Annual Volunteer Forum Gift Aid and Fundraising presentation on the 30th October 2021.

Our Fundraising Officer works closely with parishes to help with all aspects of parish fundraising, offering 1:1 Zoom meetings with Parish Finance Committees to discuss what churches can do to increase their income. If you would like advice on parish fundraising, including implementing some of the above initiatives contact:

**E: [fundraising@abdiocese.org.uk](mailto:fundraising@abdiocese.org.uk) or T: 07767 100549**



## Support your parish priest with finance, administration and property

Every parish has a Finance Committee to advise their Parish Priest on matters of expenditure, fundraising, property and financial planning. This team includes a Gift Aid Organiser, the Health and Safety representative and people with bookkeeping or accounting experience as well as those with property expertise. The Parish Priest appoints individuals to these roles with training and support provided by the Finance, HR and Property Office in Hove, who are able to introduce the cloud-based systems used to help parishes track their accounts, claim Gift Aid and manage health and safety. Let your priest know if you have skills to contribute in these areas.



## Safeguarding Reps play a central role in parish life

Our Diocese is committed to the safeguarding of all. As part of this commitment each of our parishes must ensure that it has a Safeguarding Representative - or where possible, a small safeguarding team - in place. Becoming a Safeguarding Rep can be extremely rewarding, allowing role holders to support their parish and learn new skills. Reps play a pivotal role within the Catholic Safeguarding Structure providing an important link between our churches and the diocesan Safeguarding Coordinator. They are responsible for promoting good and safe practices in all activities involving children, young people and adults and for providing advice on child and adult safeguarding matters within their parish.

- All Reps are given training to ensure they understand national policies and procedures and know who to contact if a concern or allegation is raised.
- They have a key role in the administration of the safer recruitment process, including facilitating the DBS Disclosure process at a local level.

To find out more about volunteering in this important area of work please speak to your parish priest or contact our safeguarding team: **E: [safeguarding@abdiocese.org.uk](mailto:safeguarding@abdiocese.org.uk) or T: 01273 241203**

## Be part of our invaluable events team

The Diocese runs a wide range of events at the St Philip Howard Centre in Crawley, including our popular Justice and Peace Assembly and annual Dialogue and Unity Day. These occasions provide a wonderful opportunity to hear from a range of speakers and meet like-minded people, though they could not take place without a team of fantastic volunteers giving of their time, talents and expertise.

Could you volunteer as a car park steward, a welcomer, a tea and coffee maker or registrar?

Volunteering at the St Philip Howard Centre and at other locations across the Diocese provides an opportunity to meet our Bishop's House and St Philip Howard Centre teams while getting to know people from across our Diocese.

If you would like to offer your services (once such events are permissible) or would like to find out more, please contact:

**E: [rosie.read@abdiocese.org.uk](mailto:rosie.read@abdiocese.org.uk) or T: 01293 651161**



## WOULD YOU LIKE TO BECOME MORE INVOLVED IN YOUR PARISH BUT HAVE A SPECIFIC NEED?

Every member of our church family is valued. **Our Inclusion Adviser** can work with key people in your parish, identifying ways to use your skills, talents and experiences to contribute to the life of your church community.

You can contact our Inclusion Adviser here:

**E: [margaret.fraher@abdiocese.org.uk](mailto:margaret.fraher@abdiocese.org.uk) or T: 01293 651196**



**Keep up to date** with news and events taking place across our Diocese by signing up to our free weekly **E-Bulletin newsletter:**

**Click here >>>**

**[www.abdiocese.org.uk](http://www.abdiocese.org.uk)**

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